



*We can prepare the garden and have the teaching space ready,
but you must walk through the door.*

Master Kuthumi

MasterSpeak

Panel Discussions Among Spiritual Masters

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Consciousness

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Master Kuthumi ...

For the most part, any individual knows when they are conscious and when they are unconscious. The normal definition of consciousness includes being aware and interacting with your environment. When we talk about consciousness expanding, that means, if you will, a greater awareness, and an increased ability to interact with your environment.

I'm not going to go into consciousness as the scientific community is trying to apply it to various kinds of computerized intelligences. I will leave that to one of the other Masters. I am concerned with consciousness – awareness – as it applies to the evolving maturity of any given soul. And that maturity inevitably requires expanded awareness, expanded consciousness, while interacting with your environment.

Environment In Other Realms

Now I'm not talking about environmental movements on Earth, which can definitely be part of an increased consciousness. There is also the increase in consciousness which enables you to become aware that there are other realms – realms beyond what human science currently measures or explains in the textbooks they put out. These are the more rarified realms, realms of astral matter, of mental matter, of spiritual matter, ever more rarified.

So as awareness and consciousness increase, then the individual becomes first aware that "reality" does not end at what can be measured, but extends beyond that. An individual becomes aware that what are called extra-sensory perceptions, are actually *full* sensory perceptions that have fallen into disuse or have not developed, you can take your pick.

These psychic phenomena are a symptom relevant to increased awareness and increased consciousness, because you understand that there is a broader environment for you to interact with. This alone does not bring spiritual maturity – just as interacting with Earth's physical environment does not make you a responsible citizen. It depends upon *how* you interact. The same is true as awareness and consciousness expand into what might be called popularly the psychic realms.

Continuity

Beyond psychic realms is the spiritual realm – the inner realm of the heart,

where a connection with the soul is made, where the connection with the Divine anchors and is brought forth into manifestation on Earth.

The consciousness has a continuity between life – or what is defined as life and normally perceived as life – and death, which is the absence of the dense physical being. Since there is a continuity of the soul, there is life in the physical realm and there is life in the spiritual realm. And there is a continuity between the two – life in the dense physical transitioning to life in the spiritual, transitioning to life again in the physical, transitioning to life again in the spiritual, and so on.

When one comes into birth, into incarnation, in many instances memories of past lives have been muted by self-imposed amnesia. But not always. There are children who can remember their past lives. As humanity itself evolves, there will be more and more awareness of what happens in the planning of a life – a given incarnation – and what happens subsequent to the end of that incarnation.

Soul continuity will eventually become simply part of the environment of which there is awareness. That is sometime in the future, but that is the direction.

Consciousness: “awareness and interacting with the environment.”
Remember that there is a vaster environment for you to interact with than perhaps you imagined. In any case, your interaction must be responsible if you are to grow spiritually.

That is what I would have to say about consciousness.

Thank you,
Master Kuthumi

Lady Nada...

I too would speak on consciousness. I would speak on consciousness as a feedback loop between the “separated self” and the rest of existence. That feedback loop functions between – let us call it a self-contained body – between a self-contained body and the *entire rest of existence*, to the far reaches of the cosmos. And that is just the dense physical plane.

I will agree with Master Kuthumi that there is awareness and interaction with the environment. That will do, I have no objection to that definition. You will find, you who read MasterSpeak, that we do not always totally agree. We do, however, respect each other’s opinions, and we do respect the fact that there are differences of perspective on any given topic.

What resonates with one may not resonate with another. But we do respect each other. This is one feature it would be well for humanity to duplicate, but I shan’t go further. I am talking about you as a body interacting with everything else – everything else and everyone else.

Consciousness, awareness, sometimes called self-awareness – that will do. But there is “self-aware” and “awareness of the not-self” and then we get into philosophical arguments that I am not going to venture into. I am more concerned about the way consciousness (be it awareness, interaction or a combination) can work two ways.

Consciousness Directed Inward

I am sure that you have heard of going inward to your inner self, inward to your true self, inward until you touch the spark of God inside, until you touch your soul. And from there, new levels of awareness emerge. You become conscious that there is even more to life, there is more to interact with than the tables, the chairs, the birds, the trees, the grass, the sky, etc...

You have the ability for inward interaction, and expansion of consciousness inward until you reach the still, small voice of your soul within. When you reach that voice of your soul within, you may find that you have direct contact with a driving force that has led you to where you are today.

You do things, and you say, “Well, I had a feeling,” or you may call it instinct or you may call it intuition. No matter what you call it, you have experienced

knowing without knowing, knowing without thinking, a knowing without a mental analysis. Subconsciousness is turned inward and you find a fount of wisdom, of guidance that flows outward and can direct your life.

The difference as your consciousness expands, is that what was at one time just a feeling, by whatever name, can become a turning inward, can become an understanding that within each of you is the spark of God that is your soul. That soul is waiting and hoping and probably sending out messages saying, "Call me. Ask me. I am here!"

When you can develop the feel, the *knowing* of a regular contact with this soul inside, you have reached the point where your consciousness is expanding inward, and through expanding inward, it is broadening and becoming much, much, *much* larger. For your soul has lifetimes of wisdom to draw upon. Your soul has set intentions for this life and what it hoped to accomplish.

Guidance That Does Not Fail

You have free will, you may do as you choose, but the soul had hopes when you were born. The soul had a plan. Through expanding your consciousness – your awareness, your ability to interact – and directing this inward to communication with that soul, you will find a guidance that will not fail you.

You have other guides, you all have other guides. But they work with you by permission and arrangement with your soul, so your soul is the CEO and the COO and the CFO and whatever other chief of something that you can name. So why not go to the head guy, why not go to the head gal?

Find the way through meditation, through silence, through other means that may be yours personally to formulate a direct communication with your soul. And let your consciousness expand to the point where you can have a conversation with your own soul and know where it is that your soul intended this life to go.

That would be my comments on consciousness. The environment is not only outside, the environment is inside, and you can interact with the director and the author of the life plan that was given when you were born.

Thank you,
Lady Nada

Master Morya...

The topic is consciousness. And I do have a message that I would like to deliver re: consciousness. Very few people are even beginning to tap the full extent of their human consciousness. This is a wasted resource.

Consciousness, intelligent consciousness – I am going for my own definition. I am going to eliminate the kind of consciousness that exists in the mineral kingdom, or the plant kingdom, or the animal kingdom. So I am not talking about the flower that is conscious and reacts to the sun in its environment, or the seed that knows when to grow.

Consciousness Comes With The Human Soul

I am talking about human consciousness – the consciousness that comes with having a human soul, with having a spark of that soul – which is a spark of the Divine – housed within and calling to its incarnated self to be freed. This takes many, many lifetimes. I am talking about human consciousness and what the human consciousness is capable of perceiving, is capable of influencing – the consciousness, the intelligent perception and reaction to the totality of the energies that surround you.

Now, is that table solid? I suspect that most of you would say that the table is solid. And if it is made of wood, you would say, "That is a wooden table." If you knew what kind of wood you would say, "That it is an oak table," or a maple table or a faux-wood table that is made of plastic. But let us assume that we have an oak table, or it might be a cherry table, but let's stay with oak. That is an oak table.

And you say you are aware that there is an oak table over there. So an oak table comes into your consciousness. Do you see beyond that? Do you see inside that table? Do you perceive the energy that holds that table together and makes it oak rather than maple? Are you aware of that degree of consciousness? Probably not. Are you aware that you are capable, as a human being, of having that degree of consciousness?

Consciousness And Energy

You may call it psychic or psychism, this capability that would enable you to see the energy flow that holds your oak table together and makes it appear as a solid piece of furniture – not only *appear*, but you can *use* it as a solid

piece of furniture. If not, your dinner plate might end up on the floor, which is also solid.

The point is, the consciousness that enables you, theoretically, to understand the energy flow that holds that oak table together, is also the consciousness that enables you to see inside a flower, to see the beauty of a flower – to see the livingness of a flower and to see the livingness of the oak tree that has not yet been felled to make your table.

Now, many of you have a degree of consciousness that you cannot see the level of energy, but you *feel* and you react to it. You call it going into nature, you call it being with nature, and you feel differently – a subconscious reaction. (Subconscious: beneath conscious. All right, if that's what you wish to call it.) You are feeling something when you are in nature. You are responding to a different energy, and you are generating a different energy when you feel your response. You connect, and that is a level of consciousness.

If you extend that, and understand what is happening when you make that connection, understand that you *are* connecting, you are becoming conscious of the Divine creation that surrounds you.

Consciousness And Response

Next, let you be conscious of your own creative powers, and the Divine creativity that lies within you. You can respond to the beauty in a flower, in a blade and flowering of wild grass, in a painting and a sculpture. All these things you can respond to, and that is a consciousness, a response. So give yourself credit for that, please. Because as you respond and you note your response, you become conscious of your response.

You can follow that anywhere, you can follow that outward, it does not matter; it ends up in the same place. And you can be aware of the unity that binds us all together. There is a communication that begins to take place. You are beginning to touch the Divine within when you understand – and appreciate – your personal appreciation of the beauty brought to you through your senses, the beauty in the environment.

Now this same consciousness can make you aware of, I shall call it, non-beauty. And I will lay it on you that it is up to you and your own creative powers, and your own intelligence, and your own use of your creative

powers to change that – to purify, to create anew, and create in beauty. Because your consciousness tells you, if you listen and are aware and interact with what you see, your consciousness tells you what is needed to create the beautiful – what is needed to be shared and brought forth from within each human being.

Observe. Observe inward. Observe outward, and *know* – know what is needed. You can do this. That is consciousness. It starts in very small ways and grows. If you cannot do this alone, then you become conscious of the power of the unified group, the group working toward a unified end. And that too, calls from within.

Consciousness. There is a consciousness in knowing what can be done and in knowing that you can do it. And you can make that “you” singular or make it plural. You have great capacity for consciousness, for knowing. You have great capacity for building what is good for the entire world. That is what your consciousness brings. It brings the vision. It brings the knowledge, and it brings the concept of group unity and the concept of the One.

Explore this consciousness. Explore the gift that is yours. That would be my message on consciousness. Be aware of your own consciousness and use it for the good of the whole.

Thank you,
Master Morya

Master Hilarion...

I will touch on the issue of perceived consciousness. There are dry definitions, there are scientific definitions. There are definitions that psychologists and physicists and robotic engineers struggle with to determine what consciousness is, and like many concepts, the definition can be like modeling clay.

Is this computerized device self-aware? It has a degree of consciousness. It can perceive the environment and react to the environment. That has certainly been proven. Computerized mechanisms can do that. But do they have a consciousness of the Divine? Well I will leave to each their own opinion. I will simply give you mine.

Consciousness: Computerized And Human

There are many, many useful astonishing advances that can be made with computerized intelligence, computerized environmental awareness, in other words: computerized consciousness. So we will grant that. A level of consciousness exists inside of these computerized devices. But I think the human equipment far outstrips – and *will* far outstrip for the foreseeable future – that of the computer and computerized devices.

Now why is that? I can see that perhaps any scientist or computerized artificial intelligence engineer, as it is called, will be railing at this, and this is fine. But you see, human consciousness is not standing still.

We talk frequently about raising consciousness. Raising consciousness: the women's rights movement. Raising consciousness: bringing awareness into the focus of the public where it can be assessed. Bringing the spotlight on an issue, raising the consciousness of this condition or that condition. Raising consciousness.

Human Consciousness Not Standing Still

One could say that it is expanding consciousness, and what fell below the radar before is now fully visible. Maybe it fell *above* the radar for that matter. *The point is, human consciousness is not standing still.* And as we get into this shift, and the entire vibrational resonance of our planet changes, the vibrational resonance of the molecules that make up the human body will change, must change. That is at the physical level.

At the spiritual level, we have souls that are maturing, souls that are advancing, souls that are coming in – being born – and retain the level of consciousness of which they have potential. So the physical mechanism into which the human soul incarnates is changing.

Now then, there can be deliberate accelerated change. Various kinds of meditation – various schools – are certainly after that. You can do an Internet search and you'll come up with page after page of schools and techniques. They are all inviting you to change your level of awareness, to change your consciousness, and to be aware of the energy aura that surrounds you. They are inviting you to see that aura and to see it change, to be aware of the chakra system within your etheric body, to be aware of its spinning, and aware of its changing, and aware of its maturity.

Integrated Energies

As these kinds of consciousness become common and human beings begin to understand the energy systems of which they are a part, as humans begin to understand the energy systems that they walk through and live in, then consciousness definitely changes. And when that consciousness changes, you respond.

As you move on in your level of consciousness to the more rarified realms, you are bringing along your fellows. The entire energy system becomes more integrated. As the energy system *becomes* more integrated, it becomes more visible to all. Or because it becomes more visible, it is *interpreted* as being more integrated. Now, you can play with that one. The ecology movement is a concrete example of this kind of thinking. The integration was there always.

So I will grant the issue and let these computerized devices have a level of consciousness, by some definition of consciousness. But contrary to some of these science fiction movies, they are not likely to take over the world. And as these computerized devices become more sophisticated, humanity itself will become more sophisticated.

Consciousness Expanding

Our human level of awareness is going to expand far beyond what it is now. All of this is possible, and all of this is going to happen. I would advise then, my friend, to continue – or begin, whichever is appropriate – a practice

which will lead you to becoming conscious of your own inner life, the soul within, the spark of God within. Let your consciousness expand to include your soul as well as wherever else and whatever else you are aware of in the environment. You will discover, my friend, a glorious, beautiful being inside. And that is the being you can show to the world.

Let the entire energy potential of your soul become part of your consciousness and flow out into the energy network that combines us all, out into the place where we find that we are One, where we experience the indivisible unity of all existence. Consciousness cannot be separate. It only appears to be separate, and that will be apparent at some point. Consciousness will expand until such time as the unity of all Creation, the Oneness of all Creation is known.

Take the first step. Look inside and find the beauty that resides there, for there is great beauty in any soul.

Master Hilarion

Master St. Germain...

What I would like to say about consciousness? Consciousness. I will go along with an ability to be aware, to work with the environment. And I would add a level: command and control. Awareness then is the ability to interact with – to *initiate* interaction with, not just respond to – to initiate interaction with the environment that you become aware of.

Consciousness Is Responsibility

So consciousness is knowing. It is awareness. It is recognition. It is not only the ability to initiate action and interactions with the other, the outside, the environment – which includes other people – but the responsibility to do so. Consciousness is the responsibility to interact wisely for the perpetuation of the good of the entire group . . . and this group to which you belong is called humanity.

So not only is there a passive aspect to consciousness, I believe there is a proactive initiatory aspect which places on your shoulders the responsibility to interact wisely for the good of the whole, to interact wisely with that aspect of Creation which you know. And the more you expand what you know – it is called raising consciousness – the more you expand your level of knowing and awareness, the greater your responsibility to interact wisely with what you have discovered with this greater knowing.

As you acknowledge this entrepreneurial responsibility, you will begin to interact in such a way that it benefits not only you and those you love, but benefits the whole, and I mean the whole of humanity. So the more you know about the global environment, the global economy, the geo-political structures, the more responsibility you have to interact with these structures for the good of humanity. This level of knowing and interaction can then be expanded, and the cycle continues.

The same holds true when your consciousness and your level of awareness turn inward. You discover that you are indeed a son of God, or a daughter of God if you so choose – a child of God. We will leave it at that. Now you have an additional responsibility, and that is to communicate, increase your awareness, increase your consciousness and your ability to interact with that spark of God inside.

Consciousness And Oneness

Now, you may conceive of spiritual realms as being outside, again separate from your particular body-mind construct. I think you will find that if you truly study consciousness/awareness for the purpose of responsible interaction, you will be unable to escape the concept of Oneness. There are books, and there are lectures, and there are talks, and essays, and articles, and whatever on Oneness.

I would have you explore every one of them until you find one that resonates with you. For at the core, they are delivering the same message: *We are One.*

You and I, you and you. We are One. The connections may seem slim or nonexistent, but they are not. I promise you, they are not. We are indeed One Creation – One Creation with multiple aspects. And this, too, must rest in the awareness and consciousness such that interaction becomes an interaction with the Oneness that exists – which brings up a philosophical point.

Whatever you interact with, be it the seeds you plant, or the child you raise, or the parent you care for, or the neighbor you help or hurt, you do interact with yourself. Because you will find, as your consciousness expands to become aware of rarified energetic realms of Creation, that we are all One. You are interacting with yourself. Perhaps not your total self, but you are interacting with an aspect of yourself when you interact with others, be they animate or inanimate.

I think that is what I would have to say on consciousness. I would ask you to realize the responsibility for positive, helpful, life-sustaining interaction, because there is, in the end, only One Consciousness. And eventually, each of us gets to the point where we realize that.

It is a process, and every step along the way I would ask you to take responsibility and remember – remember to be kind and loving in your interactions because they are interactions with an aspect of the One Self.

I think that will do it. That is what I would wish to say about consciousness.

I thank you.

Master St. Germain

Master Serapis Bey...

The message I would have in this forum of consciousness, is that each of you be aware of your own.

Place Yourself

Take the time, if you would – if you can, as you can – and place yourself if possible out in nature, in a park or in woodland.

And if that is not an easy assignment, then place yourself in a comfortable setting inside. Or, if you choose, go to the mall and sit on one of the benches. Place yourself. I will assume that you can find a spot where you are comfortable and you can place yourself.

Be Aware Of Your Awareness

Next, ask yourself where does your awareness, your consciousness, begin? (This may seem basic. It is.) Of what are you aware in your environment? And where does that leave off?

Does it include sight, sound, touch, space, smell, or taste? And does it go beyond that? Do you have a sense – a feeling – that does not come under sight, sound, touch, taste, smell? Do you have sensations, feelings? Do the energies you encounter bring you a physiological reaction?

Some people are very aware of the energies around them. Their consciousness level goes beyond what I would call the textbook senses. What is the feel when you are in the mall? What kind of energy is there in this place? Is it busy? Is it distracted? Is it quiet? Is it cheerful? Is it sad? Detect it. What kind?

What are you aware of at the energetic level? Does your consciousness, your awareness, tell you anything? Where does it end?

Beyond The Dense Physical

Now, there is a very great deal in the created environment, in Creation itself, that is not measurable on the dense physical plane. I think that most of you probably understand that.

The rest of the environment comes through from your “psychic awareness”. For the most part that’s a useful term, and you see things with a third eye. You are aware to various degrees, so your consciousness is not so limited as someone who is not exercising that particular psychic capacity.

No Limit In Sight

The interesting thing about consciousness is its ever-expanding challenge. I shall call it a challenge, or a journey. I like that even better: an ever-expanding journey. For you see, there is no limit in sight.

This is a journey to reunification with the Divine. And that reunification is not a journey with a road map per se. It is a matter of where you are, and how much you expand your consciousness *simply being where you are*.

That is the journey – where you can be sitting there in the mall, expanding your consciousness until you see not people with arms and legs and a head and clothing, etc., but that you see auras and chakra systems moving about. That is one level of consciousness.

You can expand consciousness again and see how every single one of those auras exists within an energy field. Every aura is moving through an energy field, so that it appears to be swimming, a fish in water as it were. And you can see that energy field. You can then see those entities which might be in that field which are not human. I do not mean to frighten you. Let us say not living human beings, for there may be some lost departed souls. I am not saying for certain.

Advance Into Rarified Realms

Understand that you have great capacity for great consciousness expansion. That includes at the physical level, which I just described. But for spiritual advancement, I think it should be clear that consciousness expansion can go into the rarified realms where the bulk of your soul resides.

Consciousness can go into the rarified realm within, where the soul from its own plane connects with its incarnated self. You can speak with your own soul. You can speak with the Divine. You can speak with your guides. The consciousness of this is not necessarily telepathic. You may not hear voices. You may have a *knowing* that comes to you through your feeling body. You have a knowing. It is not telepathic words, it is simply *knowing*; gut feel. You may call it intuition. But that is a level of consciousness. Some people

have a precognitive sense.

Understand Your Consciousness

For spiritual advancement, spiritual maturing, understand your level of consciousness. Where it begins and where it ends. Do you know that there are, in a flower garden or a flower show, that there are members of the Angelic Kingdom playing? Hiding? Being what they are?

If you believe in angels, do you see them? Your consciousness expands into the Angelic Kingdom, and you are aware of angels. To what degree? How do you perceive them?

Understand your consciousness. What is your consciousness of Creation? I shall call Creation and Divine the same thing. What is your consciousness of your own spiritual continuity? Life, then between-life, then life? It can be an interesting exercise.

Does your consciousness, for instance, expand into the energy system of the Oneness on the physical plane? And does it go beyond that to the various levels of rarified planes that exist beyond the physical? Does your expanded consciousness take you to the Divine within and to the Divine of all Creation?

It is only an exercise. It is only a manner of thinking about where your consciousness ends.

What is your next step in the expansion of your personal consciousness? That is what I would ask you.

I thank you.

Master Serapis Bey *

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