



*We can prepare the garden and have the teaching space ready,
but you must walk through the door.*

Master Kuthumi

MasterSpeak

Panel Discussions

Among The Community Of Spiritual Masters
And Our Off-Earth Allies

January 2015

Facing The Challenge Of Expanding Consciousness Part 1

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Lord Maitreya ...

We have a time clock we are racing against, one that sets the course of humanity's future ... and it involves the expanding consciousness of humanity and other realms connected with Mother Earth. I would like to postulate the importance of this fact to the entirety of humanity.

Never before has the need been so dire for you to understand and address this concept. As natural evolution bears down on all that exists on planet Earth, you must look at what is unfolding and react accordingly – and what it is telling you is that humanity is behind schedule and you must apply some effort collectively as the human race to match the pace of evolution that will shape the planet you all co-habit.

It's like travelling in a speeding car. The body matches the speed of course, but should that car stop, rather unpleasant results occur when the driver and the car are no longer travelling at the same speed. Thus we advise most highly a collective input to raise the speed of evolution humanity currently operates at to match the one the Earth as a whole is building towards.

We are asking for you to change the way you understand some things in your lives and expand your view to see a more comprehensive view. All of human life depends on the resources of the Earth, the sun and the cycles of nature. These qualities are changing, evolving, adapting. Thus must those who rely on these constants also change.

How does one change then? This is not a race of keeping up with your neighbors but rather of keeping pace with your collective home, so a different approach, one most certainly not of the popular thought, must be considered.

Consider that the perception of your reality is not all that you have understood it to be. Consider that there is more than what you see. Science has invented many new technologies that have allowed what was once a fantasy in thought to become reality. I am asking you to show the same resourcefulness, to be open to new possibilities as they unfold before your eyes.

To begin with, humanity is not alone in its existence on Earth and in its journey. This most radical thought we have been expounding upon at length on WeSeekToServe.com. Being that it is imperative to understanding who and why, we are asking you to now consider taking your world view a step further. Imagine a shared existence on Earth that will be confirmed in the near future. We have been saying that there is a community of spiritually

advanced and experienced Masters here and that there is a bridge with Off-Earth Allies, but now visualize that there exists a true relationship between these beings and yourself. Imagine how many possibilities will expand in your daily life. Imagine how your views will change on many ideas you have held to be true.

It is one thing to search for something and it is something completely different to find what it is and then have it be front and center in your daily life. Consider this possibility as a very solid reality. That's what I ask of you.

To compare, imagine a visiting relative from a country near or far away.... Either way, it takes an effort to get to know them, it takes some curiosity to be interested in what they do, what it is like where they come from, how they spend their days.... All of these simple questions lead to a greater understanding of who they are and how they can relate to you.

Now apply that level of curiosity to someone who has come from even further afar but is just as related. There will be a very natural unfoldment of conscious evolution in the pursuit of just this simple exchange. For this is one simple example of evolution – to expound upon that which you did not know beforehand, delving deeper into the value of a relationship that you did not know of before. For as you do, you delve deeper into the relationship with yourself.

This method presents simple steps for a rather complex issue, but it need not be that much more complicated. The point is that you are not alone at this crucial time in your planet's evolution. Many are the allies at your side, extending the hand of friendship and welcome.

Thank you. More complex consultations will ensue.

Maitreya

Master Kuthumi ...

Many have spoken or written about challenges and advances that the world can foresee as consciousness expands and the laws of nature are better apprehended. I would like to discuss the effects on the individual of expanded awareness and the evolutionary jump into Oneness that this expansion entails.

In the physical world, for example, one of the most telling effects of expanded human consciousness will be a new respect for Mother Nature, the growing involvement of many groups and movements in her reclamation and a dawning sense of awe and wonder at her beauty as she begins to manifestedly heal.

In a world where there is respect for the physical environment, are there tailing ponds and city-sized slums and rivers full of sewage? Are there desecrated lands and dead oceans? No, my friends, there are not. Consciousness does as consciousness is, and so in a world more evolved, contamination and despoiling become remediation and wise stewardship.

The elementals and tiny representatives of the devic kingdom – the nature spirits – also respond. As closer collaboration with the human kingdom develops, they will add in very large measure to the restoration of balance and harmony on this plane as they evolve in service within their own kingdom.

Further along in your individual expanded state of consciousness and more advanced stages of evolution, you can look forward to many of the legendary powers described by the adepts of all backgrounds, like manifesting things out of thin air and flying or covering great distances in a flash. But even in the shorter run, because of the rise in your consciousness and the attendant heightening of your vibratory rate, you can develop your interest and capacity to perceive and to delve deeper into your true nature.

This could result in your discovering, for example:

- a greater understanding of your meaning and purpose in this particular lifetime – clues to the avenues most available to you, at your soul's behest, to pursue your world service and spiritual maturation at this time.
- some degree of contact with the akashic record at certain points to understand more fully your soul journey and how your choices in past lifetimes and even this one have shaped your life circumstances today and the challenges and opportunities you are facing.
- a greater rapport and understanding of your fellow human beings,

which foundation, over the longer-term plan, will lead eventually to the development of mental telepathy as the main mode of communication for most of the Earth's inhabitants.

- a greater understanding that there is a plan unfolding not only for your soul but for the oversoul of the entire human family, for the soul of this planet and even for the soul of the solar system itself. Expanded consciousness ultimately gives you a deeper understanding of the process of divinization, the return to Source, and of the cosmic plan for that unfoldment.

Expansion of consciousness foreshadows all of these things. More immediately, it carries the promise of a new Golden Age, the likes of which humankind has never before seen and can barely as yet touch the fringe of imagining. This new age will become reality if indeed humanity's consciousness expands to keep pace with Mother Earth as she gradually evolves into her full spiritual potential, joining the ranks of other planets in this system that are on their own spiritual journey and have achieved significant spiritual stature.

But there are parts of this unified, sacred journey for Mother Earth and the human family that you can already envision and begin to create, here and now, in Oneness with your brothers and sisters, greater and smaller, in the seen and unseen worlds. The shaping up of those faculties considered "mystical skills" will bring great hope and calm to all who seek answers and ponder the reasons for life. This calm will enable humanity to focus on matters that re-shape the onset to world situations and leave the problems on a platform to be more readily solved by all.

Step bravely into the new light of Oneness that beckons your race into growing respect for yourself and all that surrounds you, into trust that indeed the promise of the future is yours to realize and to build.

Your loving brother,

Kuthumi

Master Morya ...

As the tensions rise and outer, sobering realities impinge more and more on your awareness, much of humanity is waking up, no longer able to deny your deep inner longing for change, for a life more “human” and sane, for a deeper sense of purpose to guide both your actions and their outcomes. Many millions are awakening and sensing that a new current, a new way is possible, one that will succeed in serving each and every one more fully.

An ambitious goal perhaps, but one that is true both to the times and to humankind’s inner knowing, for it is the pull of evolution, the call of the next step for the human family. It is an inner realization that is percolating now through planetary consciousness itself, precipitating and making its way into all fields of human endeavour. It will not be denied.

We who have travelled a little further along the path see the guideposts and milestones being reached perhaps a little more clearly than you who are now so intently engaged in building them. We see signs and signals that pockets of humanity are creating and adopting new ways and new modes of sharing and building community, be it your crowdfunding, your micro-financing to families directly across the world and even the new calls on the horizon from a large group of scientists and some political leaders to phase out the use of fossil fuels.

Just as fish once emerged from the waters to begin making their way as land dwellers, so too is humankind facing another evolutionary leap by emerging into Oneness. This will require, and it will create, an entirely different civilization.

Other civilizations have come and gone, each adding its particular coloration and contributions to the overall evolutionary march. And so, on their shoulders you stand where you stand today, awakening and capable of another great leap forward. Will you be brave enough to follow your noses and sniff out the new truths, the new realities, both inner and outer, that will guide you unerringly forward? Can you drop your fear of the unknown and surrender the deep conditionings of the old paradigm – that you have little or no power to effect meaningful change, that you must compete to the end for limited resources and, more tragically, that you are isolated and alone?

Your awakening intuition that you are one human family where each and every one matters will allow you to find and to follow your heart, to be open to the new currents of hope and sharing, to see things differently, in a livelier, more exciting and empowered way when, truly, *each and every one matters*. In this new current of sensed Oneness, you will begin to discover

your true worth, together, and also to recognize and assume a new relationship with the greater universe and broader family that you are hopefully soon to come face to face with.

It starts with trust, with trusting yourself and your own inner strength, your curiosity and your love to explore, to communicate and create. Make the effort to discover anew who you truly are and can be in your heart of hearts and it will not be so difficult to reach out, heart to heart, and build together the new society.

Thank you.

Morya

Sirius Minor ...

We would like to demonstrate an approach you can take for becoming more consciously conscious. It requires being what is called mindful of everything around you and of the feeling that gives you in your heart.

Often you may find yourself overcome by emotions and other reactions to something that has occurred. While this is happening, do you ever stop mid-stream and take note of where you are, what colors are in the room, what smells you smell, what feelings you have physically? What feelings do you have emotionally that are directly causing a physical sensation? What is the speed of events? Are they occurring in slow motion?

Now imagine having the time to break apart each action item listed here and focus on each one individually for a bit, then on the next, then on another. You would see a through line of many facets that you did not before observe.

This is being consciously conscious. It is like having many eyes, many more perceptions and perspectives – just like the many TV screens in a TV shop all showing the same picture or all showing a different picture, but nonetheless all showing individual perceptions you can observe at the same time.

Do you feel how easily your consciousness could be expanding as you can see, sense, perceive and note all these different perspectives? Do you have a favorite? Or are they all just different and none captures your point of focus? Can you remain interested in having this many perspectives?

Now, using this example, suppose you have had a disagreement with someone and they take a side while you take the opposite side. Your positions are locked. What would happen to your position if you were shown the many-faceted view of this disagreement, and your opponent as well were given a glimpse into several aspects of this disagreement pertaining to your position? It stands to reason that the expanded view or consciousness that you now both have will soften your perspective from your locked position. Once you can soften your view, you can perceive more information. More perceptions and more perspectives will open to your thoughts on the subject.

It stands to reason that any idea or point one may have encompasses many facets and versions to consider, and they come together to reveal a complete picture. All the colors, all the perspectives bring to life the golden mean of the situation, which is to say Oneness in balance, Oneness in perfection, Oneness with life and the plan for the evolution of life itself.

I challenge you to put this technique into practice. Take a perspective like a shuttered lens, snap after snap, to portray the whole story. In the middle of it all there rests a truth that falls ways from everything. This truth is an understanding that all beings are connected, all things are connected, all families, all are brothers. All are part of the collective whole, each so connected that the many screens of life, the many versions, the many colors are but different ways of expressing the one golden mean or divine perfection.

Thank you.

Sirius Minor
(from Sirius)

Philohstan ...

We are eager to approach the topic of consciousness expansion and post a message to explain the value of this process, for it is simply the way that life follows its plan of existence. It is the process of an expanding universe. Nothing can lay fallow forever. Actions plant the seeds of change and thus all things evolve whether they want to or not. How to behave inside this plan of evolution is where a difference of intentions and goals can result in a smooth process or a difficult process.

We are all, no matter who we are or where we are from, part of this universal process to put forth the next, finer step of existence, continually perfecting nature's offering. The Earth itself and all that exists upon it, big and small, human and animal, plant and mineral, are all in this cycle of evolution, striving towards a more perfected existence step by step.

This process will come about naturally in waves that ebb and flow, and then stand still for a time. The ideal situation occurs when there is intent to follow a plan to maintain the pace of evolution through daily actions towards perfecting all functions of existence. Certain ideals stand constant, act as the standing point around which to shape thoughts and actions.

These ideals are those of brotherhood and Oneness, family and relations. It has taken uncountable millennia for humanity to be at a place where evolution can so consciously be expressed in words as a concept ... and thus acted upon consciously, with goals to achieve no matter the cost.

Indeed, this is the primary purpose of existence stated in a nutshell. We are all in existence to evolve, to expand in consciousness, to grow in heart, mind and body. The wealth of our existence is expressed in the speed of growth that occurs and by the state we hold.

Of course this process comes with challenges. It is not easy to reshape one's thoughts and actions, but it can be done with steady application. Just as any time one has started to learn something taught in a classroom, a new learning begins and it builds on what was learned before. It changes your thoughts and therefore your actions. As you observe and absorb learning and information, opportunities arise to put new actions into place. Day by day, new actions form a new pattern and soon this pattern is the next step in the evolution.

With care, the current step will be one towards a more perfect mode of relationship with other humans, the planet, animals and oneself. With care, this step will strive towards harmony, for that is what evolution entails.

The rate of this evolution in humanity has varied and it could now go either way: humanity is on the verge of going towards more harmony or towards binding chaos. We are here to guide humanity towards more harmony in the process of expanding consciousness. There is no greater goal.

Philohstan

(from the Constellation Aquila)

Mother Mary ...

I first wish to outline what it means for humanity to expand consciousness whether it is in a group or as an individual. Consciousness is essentially the purpose of human evolution on this planet. It is expanding one's awareness and lifting it to a higher plane where it is possible to understand all that surrounds the individual as a soul in evolution.

Awareness begins with understanding oneself in the physical and then proceeds on a trajectory of expanding into realms that cannot be perceived by the human brain. It is easy to begin by visualizing what surrounds you in the dense physical world. It is not so easy to see the etheric or realm of spirit that surrounds you while you live in a dense physical body.

The realm of spirit surrounds each and every one of you. Spirit is what we essentially all are – you on your side of the veil and we on our side – but not all human beings understand this and thus, for a fuller understanding of yourselves beyond the dense physical, you must venture into the realm we call spirit. This you do individually and in groups.

I cannot fully enough express the importance of this topic for the human race at this critical time on planet Earth. We, together, are at that moment when humanity needs to lift itself to a higher plane of consciousness in a very short period of time. There can be no higher goal at this time than to push forward as rapidly as possible with expanding human consciousness. This means expanding your awareness of who you are beyond the physical presence you see before yourselves.

Having said this, let us also explain that it is fully necessary to realize that none of you is truly alone in this world. You are in truth a collection of human souls all interfacing and interacting with each other without completely understanding that you are essentially brother-sister souls in total unity. Your work therefore is always in unity with the rest of humanity. Individually you progress, yes, but collectively you are moving forward as a race of humans and not as individuals separated by time and space.

What you achieve as individuals is what you achieve for all. Your individual progress affects all humanity. There is no escaping from this fact. Thus, collectively though invisible to your outward perceptions, your consciousness moves out in all directions being supported by all human souls.

You may wish to ask the question, "How are we humans to initiate a new beginning to quickly expand human consciousness and effectively change the way we live on this planet?" There is no secret to this: the information

has been given to humanity even in the most ancient times in texts and teachings on how humanity relates to the higher spiritual kingdoms.

If you wish to speak in terms of your relationship with God, in fact you are speaking of your group goal of closing the gap between humanity and your spiritual oversoul or obtaining spiritual Oneness with the oversoul that so many call God. This is the ultimate expression of love since you are coming into a closer contact with higher spirit which is pulling you closer and closer to create the ultimate unity of higher spirit and humanity.

How can there be anything more essential than this coming together in unity of spirit? Humanity has always been loved and guided from above. Spirit is always beckoning humanity back home to your rightful place in this huge universe. It is the destiny of the human family to return to your spiritual source. Nothing can prevent this coming together in unity with your spiritual source.

For too long you have lived in darkness and with much despair. Your human family has lived in ignorance of the fact that you in unity are truly the sons and daughters of your highest spiritual source. As you begin to recognize that you are on the path of return to your true home in the heavens or however you may see it, you begin to become more and more excited about this possible reunion with Source.

You are at a point in human history when I believe the doors are now open wider than ever before for the entire human family to find those portals that will lead you quickly into a new way of living. This new way of living is essentially knowing that you are the God that many pray to but you have forgotten this fact. It is only by recognizing this fact in yourself and all your brothers and sisters in the same human family that together you can reach this goal of returning home quickly and more easily than you could ever have previously imagined.

Now is the hour of quickening your pace. Recognize that you are not alone but evolve and grow with your brother-sister souls. The quicker you can find common cause to work together in unity with others, the sooner you will discover that your path will be paved with wonderful surprises. Your journey will be without divisions or separatist ways, without anger or hatreds, without all those things that would slow or block your swift passage home. When human consciousness expands enough to recognize the unity of humankind, there will be few hindrances to achieve great progress in all things.

There is yet much that the human family can do to create a physical world that will support a better quality of life for all. On this planet you can create

a world where none suffer from hunger, disease or want, from anything that would hinder you on your path home. Only your own actions can block your return home. We spiritual guides know well that it is only you who can slow your return because of your inability to see clearly that disunity amongst yourselves as incarnated human beings, not disunity among your souls, is the ultimate source of all your pain and suffering.

There is therefore absolutely no reason for anyone to be suffering from want or suffering from lack of awareness of who they are in this greater universe. You are blinded by your own actions and your own inability to see clearly that you and the entire universe are one. If this is true – and I know that it is – then you have no reason to have any excuses for separateness within your own human family.

I have been extremely dedicated to assisting humanity in any way within the laws that exist. I cannot disobey the laws in my relationship to the human family of Earth. What I can do is encourage you to trust me and trust that I seek to protect you within what the laws permit. I come to teach you what I can within the law. I ask you to come to me because there are no laws that prevent you from seeking me and those in the spiritual kingdom with whom I work.

Nothing stands in your way. I am here as are many others who seek to assist humanity and bring you all to us as quickly as possible. Know that you are loved and guided always.

Mother Mary^{*}

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