



*We can prepare the garden and have the teaching space ready,
but you must walk through the door.*

Master Kuthumi

MasterSpeak

Panel Discussions

Among The Community Of Spiritual Masters
And Our Off-Earth Allies

May, 2015

The Seed Of Fear - Your Greatest Enemy

THIS MONTH'S PANEL

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Sanat Kumara ...

In the light of the world there rests a weakness, a deficiency. It glows dimly, veiled by a fierce opponent. Fear is this opponent. Fear is intangible, yet works tirelessly to inject all forward movement on the path of evolution with its barbed and murky energy. I and those who work with me would like to offer words to soften this scourge, to lessen the extent to which that dark pall fails to let the light of the world shine. Enabling that light rests within the abilities of the human family, within your hearts. You must be convinced that this is fact, convinced to allow peace to invest your heart with a calm, stoic challenge that will soften fear and its hold.

Every day and every hour we – you and I and all who work with me – are at test. Every day and every hour we are at war with the ancient energy of fear that plagues society and runs through your hearts like a lance, killing all hope and prospect like a deadly whirlwind leaving chaos and ruin in its path. But for what? For something that has not even happened, something that holds only a possible future to you ... something that could be quite different if held in a different context.

Imagine how a future would lay if all thoughts bent towards a constructive and loving cooperation rather than towards a spare and desperate disposition. Humanity alone can create a different view, and then create a different world from this different view ... if you could but stay your rampant use of the destructive quality of fear. For fear invades a heart and that heart loses hope. Without hope, your heart has lost its rudder and a human being without a rudder is controlled by forces that care not for love, that care not for brotherhood, care not for peace and beauty.

It seems that something much more complicated than a different context, a different view would be the answer to solving a problem that plagues all of humanity, and has since its inception. But it is not more complicated.

Fear is a wraith, a dark cloak that blankets the progress of evolution and allows humanity to commit atrocities in a blink of an eye, atrocities in the name of a fear that creates the even darker energy of karma to then blanket the advance of a loving heart. For the weight of this karma creates a great inner battle in each human being and fear keeps this battle raging. It rages in the open, on the ground, from one human being to another, and they share a battle instead of the very possible and very real future of a loving and kind relationship, cooperative and evolving, discovering and reaching. The dust of this raging clogs the earth and no one dares to breathe.

Two very opposing realities are possible from the basis of a thought, from

the direction of a thought and the action that follows. Each day, each hour determines a chain of reactions leading to an event that has the opportunity to enlighten humanity or enslave it. What choice would you take? What choice do you think you have? How far can you see? Answer these questions and know your own fear.

I have watched and watched and seen a great calamity of distrust unfold where great friendship and trusting partnership should have been. Yet it is not too late, it is not too late, but you must not delay. Action must be taken now, every day, every hour toward a different approach.

Long enough humanity has witnessed the unsavory results of fear and distrust. Can you not now witness the opposing results of actions based on love and trust and brotherhood? Can humanity not now try another approach and see how this goes before offering a lukewarm handshake to an undetermined future? For you can determine this future. You can determine a direction that builds stimulating options for all, safety for all.

Ever and always I watch over you and feel your life force flow. I remain hopeful for humanity, I remain in brotherhood with humanity, for I see a solution there for the taking and I will express my encouragement towards that endeavor. Thank you.

In loving regard and concern, thank you.

Sanat Kumara

Master Yeshua ...

The topic for this month is fear, humanity's greatest enemy. If you listen to what my colleagues say, I'm sure you will be convinced of the many ways in which fear is humanity's greatest enemy. The aspect of this fear that I wish to discuss has to do with the fear of Mother Earth, the fear of other kingdoms on Mother Earth. This might not make sense at first, but you see, it makes great sense.

There is a balance that must be created. Harmony will only come when there is balance between expanded awareness, acceptance of what is learned and intelligent caution in interacting with the world that opens due to the expansion of consciousness. This can lead to accepting Earth's other dimensions without fear, but with rational cautiousness.

As humanity's consciousness expands, you become aware, you know more and go deeper into your environment than you have ever known before in your entire history. You know more about viruses, about pollutants, about bacteria, about allergies, about carcinogens. You know more about mixing medications, you know more about long-term side effects of various medications. You know more about the fear that brings you childproof caps on over-the-counter drugs because you know the fear of children getting their hands on over-the-counter drugs, of children being harmed by household chemicals. All this you know.

And all this knowledge has to do with the expansion of consciousness in your daily lives. As that consciousness expands into your daily lives, the fear begins to propagate.

My point is that fear has become a way of life. I would say a way of purchasing clothing for your children because you want clothes to be fireproof as a way of prevention. What is it in the animal kingdom that you fear? Swine flu? Avian flu? Mad cow disease? Animals with rabies? With fleas? What about the plant kingdom? Do you fear poison ivy? Dandelions in your garden?

Where is the balance point? There must be a healthy balance between education, expanding awareness of the world you live in and the potential dangers of the world you live in on the one hand, and on the other hand, the probability that those dangers will affect you. All this must be balanced with responsible communication about the consciousness expansions that bring you increased information, increased awareness of Mother Earth herself and of all kingdoms associated with Mother Earth.

There are fears of sun and sunburn, fears of polluted lakes, streams and oceans, fears of flying, fears of not wearing a seatbelt when you drive. As you see, I speak of fears that exist in the Western world, but there are many fears that exist in other parts of the world, and some of these fears are indeed protection. But where is the balance? Where is the balance for society's responsibility to manage and control and teach?

I would like to move on to speak to the fears that have hindered humanity's ability to interact with Mother Nature in the way, quite frankly, that was God-intended for this planet. Human beings can learn from Mother Nature. Human beings can find joy and harmony and peace and restoration from being with Mother Nature and enjoying the beauty of this planet. But fear taken to excess prohibits this enjoyment. The fears that prevent humanity from enjoying this planet are complex. What fear is it that creates pollution in the first place? Fear of loss of market share?

Yet this epidemic of fear is a period of transition. There is enough expanded awareness to create and sustain fear, but not yet enough expanded awareness to isolate valid and protective fear from hysteric fear. You know more, you learn more and you learn that all is not safe within this massive body of increasing knowledge. In an effort to warn the populace about what is not safe or what can be injurious, fear is spread. And that fear begins to interfere with what would otherwise be pleasure and enjoyment and natural interaction with other kingdoms of Mother Earth.

This is a period of transition because once this knowledge and expansion of consciousness reach a certain threshold, then there will be sufficient education about fear itself that those reporting the dangers will be able to focus on who is vulnerable. Then, in the case of pollutions for example, decisions can be made as one human family that you will cease or at least seriously diminish the amount of pollution that is created. This is your decision, clear and simple.

So you see, the more your consciousness expands beyond this tunnel of transition, the more fear will be managed so that protective awareness will be seen and handled not as fear but as a piece of information to be processed and applied within your personal daily life.

The reporting, the processing and the managing of information will change, and as that happens, humanity will once again be able to safely – in their minds, in their hearts – safely and with pleasure interact with Mother Nature. Because decisions will have been made by humanity to reduce pollutants, thus eliminating man-made dangers. There will be an intelligent awareness and processing of fact presentation and fact assessment. As this transitioning tunnel is passed, the expanding awareness will bring different

perspectives from what you have today on many of these issues.

My focus is particularly on your relationship with Mother Earth and the beauty of nature that is offered you, both for restoration of your spirit and for examples of harmony, coexistence and mutual interdependence. All this will eventuate.

What you can do in the meantime in your own personal life is simply to become aware of your fears, the ones you recognize that give your adrenaline a shot, but more importantly, the ones you don't recognize, the fear that is presented to you as scientific fact or as advertising or as word of mouth. Simply be aware, be alert, process and take necessary precautions. I cannot emphasize that enough.

This is not to pretend that the entire environment is now your friend and there are no dangers out there. But for instance, the more you know about allergies and how to treat allergies and how many allergies are often rooted in prior lives and that is explored, then even allergies and things like asthma can be treated differently.

So as consciousness expands, you will transition out of this tunnel of information overload that creates fear – some of it intentional – and you will come out the other end. Meanwhile, in your own daily lives be aware that you are in this tunnel. You are in this period of transition. Consult your intuition, consult your heart, consult your intelligent mind and determine whether or not there is a serious fear that you need be aware of for yourself and your family.

And be aware of the ways that you can truly enjoy the riches and variety of the kingdoms and beauty that are offered to you by Mother Earth.

Thank you.

Yeshua

Master Hilarion ...

Fear is a potentially mortal energy. Fear makes you stop, makes you abandon your dreams, even those you have deeply set in your hearts. Fear is treachery to yourselves, sabotage. And where does fear come from? Where do you think you have the seed of fear, deep in your hearts or in your souls?

Fear is never in your soul. Your soul knows what it has come to do in this life on Earth. Fear belongs to the human vibration, the dense human vibration. Fear is something that is embedded in your bodies, your physical bodies or your brain, and it's something that comes from outside. It comes from the circumstances of your life, it comes from everything that surrounds you, the life you lead, the religion you practice, your governors, your politicians.

Fear is a very important means of control. Humans have always been subdued through fear, fear of being killed, of being imprisoned, of torture, fear of being isolated from the rest of your fellow human beings, fear of hunger, fear of harm to your families or your loved ones.

That is the weapon the dark side uses to make the light vanish from your lives. But it is important for all of the human family to know that light cannot be defeated. *Light is in yourselves*. Light is in your soul. Your soul is light, the Source is light, we the Off-Earth Allies and the Ascended Masters are light. We are vibrations of light, you are vibrations of light. Your soul is eternal and fears not death, because death is something that cannot happen to the soul. Death is something that cannot happen to your light unless you allow it to.

If human beings follow the wrong path, the path of evil, then the light of their souls will obviously be diminished, obscured, darkened ... but it will never die. What is it that dies? Your human body. And that is what causes the fear, and *fear makes the human family retreat from taking the right path*, the path you know you have to take. Fear is so deep within yourselves that you don't even know you are fearful.

Well, let me say that you must become fearless to change your reality. You must stand up for your light, let your light shine throughout your aura, through your chakras, through your acts. The light of love, the light of freedom, the light of knowledge ... all of these must shine through you so your light will attract others who will then learn that they too have light within themselves. And they too will activate this light. Light is the only thing that will make fear retreat, withdraw, disappear.

Fear of change? Do you realize that if you continue the way you are, there is not going to be a change? Actually, there is a change going on – a change for the worse, toward the destruction of Earth, of the human family. So why fear changing? What could be worse than destruction? Let the fear go away, make it leave you. It is useless, for the change is toward more light. Fear not the light nor the love, fear not the change. It will be easy for most of you. All it requires is to let the light of your soul shine through you and be contagious to others.

Many of you are souls who have incarnated to make this change possible, souls who have volunteered to suffer in this life to help the change occur. Soldiers, doctors, nurses, volunteers, people volunteering to help in all of those countries where there is war, and hatred and misery and deathly attacks, where death is present every day. They have even volunteered to lose their lives, their human lives in awful ways, to help the rest of humanity open their eyes and help change your world.

So please, let yourselves appreciate the sacrifice of these souls. Let it not be in vain that they lose their lives. Open your eyes, see what's going on. Open your eyes to see your desire for a change to more light, to the better, to a new world, to a new Earth, to a new humanity. Open your eyes and see what you really want to be, what you really want your life to be like. And once you see with the eyes of the heart, with the eyes of the soul, you will all want to change. You will all want to walk the path to that reality, want to make it possible. And then there will be no fear in your souls and the change will be accomplished.

So, my friends, open your eyes, the eyes of your soul, and look within yourselves and see what can happen if you let the fear out of your bodies and instead fill them with light, with love and with knowledge, and walk towards that change that all humanity is wishing for and needing.

Many of the Masters, myself included, are here in expectation of that change in the human family that will enable us to give you the information that you need to create the new world, the new humanity.

Thank you for listening to me.

Hilarion

Master Kuthumi ...

On the topic this month, "The Seed of Fear," the fear of change, what can I say, my dear friends? What can the human family be afraid of after experiencing all that you are all living: violence, deceit, greed, wars, hunger, cruelty, misery. The human family has been suffering all of these awful experiences throughout all its existence. Looking back at history, centuries and centuries ago, there have always been wars, hunger, violence of human beings against other human beings, and that is really fearsome. You must be afraid of continuing in this dense vibration of violence, for if not, that is really frightening.

What is there to fear about love, about loving yourselves, loving each other, loving your neighbors in spite of social, religious or racial differences? What is there to fear in love and compassion and light?

We are not asking the human family to lead a war against negative energies. We are asking you simply to live in the vibration of love, to live with compassion, to search for knowledge, to ask yourselves why you are here, where you came from and above all, what you want your lives to be like, what you want your future to be like. That is the most important question.

If you don't want the future to be like the present, then you must change the way you do things. As they say, "You can have a different life only if you do things differently," and such are the bricks of which your path is built. Every smile, every feeling of love and compassion will construct a different path to your future. If your bricks are made of positive feelings, emotions, ideas and thoughts, then your path will be that of peace, love, harmony ... and the change will occur. If your feelings are those of fear or greed or hate, your path will be made of war, of anxiety, of pain, distress and unending suffering.

So now is the time to choose your path to the future. It is not so difficult to be loving to yourself and others, to be tolerant, to have empathy. It is not so difficult to put yourself in the place of others and try to understand the reasons behind their behavior. This doesn't mean that you have to approve of or stand for ill treatment or negative energies coming to you from others, but you must try to understand what lies behind. Even those who behave badly, who kill or steal, who deceive, even those are souls like you. They are doing wrongful things, but they are souls like you.

You must be compassionate in how you look at the rest of the world before even trying to judge. Do not judge others, for that is an attempt to place yourself above others, to feel superior with no real reason behind it. You are

all the same, souls trying to be better, to improve while living this life on Earth. Souls trying to increase your awareness, your consciousness and your light. Souls, many of you, trying to change things from love, and in that way the change begins within yourselves.

Be loving to yourselves, be loving to your children, to your mate, to your parents and relatives, to your neighbors and even to those you don't know but who cross your life at any particular moment. Be loving even to those you don't like. That is compassion.

Smiling is free and has a wonderfully beneficial effect on everything surrounding you, even plants and pets. So smile with your face, smile with your heart and that will help avoid the fear of change. What the human family should fear most is *not* changing the situation existing on Earth. That is truly frightening. If the human family does not start this change toward love, humanity is bound to experience a lot more suffering, is bound for destruction.

So please, make an effort, each and every one of you within yourselves, within your close circle, make an effort to change to the vibration of love and help attenuate the vibration of fear. Fear not love, but fear war, fear greed and violence.

The dense energy surrounding your beautiful planet makes it difficult to come out of the energy of fear. Greater effort is required of all of you. A greater effort in changing awareness and consciousness is needed to change your planet, the whole vibration of the planet, the whole vibration of the human family, embedded as it is in the vibration of fear and hatred.

Love is the medicine, love is the answer and we ask you to try, just try, and see what happens in your life, see how the fear will disappear when you search for the light, search for the love in your hearts. Like a torch will these qualities light the path to the future you desire. They will make fear disappear from your hearts and the change undoubtedly happen.

Kuthumi

Quan Yin ...

Fear is a topic very dear to my heart. Since working with the Earth Advisors for this planet, I have observed over millennia the ever-growing tendency of humanity to allow fear to enter their domain. Humans are very prone to fear as a major self-created and easily accepted hindrance in their personal development as well as the development of groups and nations.

What is the origin of fear? It is obvious to me that there is a link between the development of the human mind and the development of fear in human evolution. The stronger the mind becomes, the greater the fear that is created by humans. The mind is very much attached to the physical world, hence the importance of physical well-being.

Well-being for many is connected to possessions – be it the accumulation of physical goods in the physical world or via status through the recognition within the social environment humans interact with. There is individual status, there is group status, there is national status just to name a few, and each status seems to require an immense amount of safe-guarding to keep the achieved status quo. And this constant safe-guarding is creating more and more levels of fear and insecurity.

There is individual status – status of family background, status of education, status of financial wealth, status and recognition of membership within the hierarchy of any given organization, status of the circle you mix and mingle with socially, and not to forget all your physical possessions, of course. All this and more seems to be so important to humans that they feel obliged to protect their identified and affiliated statuses and material goods. And this protecting is getting increasingly stressful and creating fear on many different levels.

And then there is group status, starting with the family you were born into, the school you attended, the company you work for or the clubs you are a member of – each of those institutions is very keen to protect its created and achieved wealth and status too, expecting each member to give his or her full support. And so another level of stress and fear of losing their status or membership and access to this sparkling environment is added to the life of many.

Then comes the national and international status of a country, the various systems that had to be put in place to make the country function and be successful, starting with the legal framework that covers law and order for a variety of scenarios. The infrastructure within a country, from banking to schooling to transport to the production of goods and services, plus the

process of interacting appropriately with neighboring countries and the world at large represent many more facets of the different statuses that a nation is engaged in defending. And again, there is the collective seed of fear of losing the different achievements of the nation if one facet loses its sparkle.

Fear individually not to have a “good life” and fear nationally to lose the collective achievements and agreements that put it in place have taken a big toll on humanity. Those who are aware of this ridiculous treadmill and fear factor want to get out of the system, want to warn others of the ludicrousness of the business with fear or share their wisdom concerning the danger that it carries.

Fear ... I ask you, “What is the worst thing that can happen to you?” This question is one of the keys to walking the middle path as a human being and learning to control or even neutralize fear.

Ask yourself the following questions to find out how you perceive fear:

- Is the physical world the *nec plus ultra*? Is the physical world all there is?
- How dependent have I become on the physical world?
- How much have I already morphed into the role of slave to the physical world, turning one or even two blind eyes to the fact that I am a spiritual being having a physical experience at the moment?
- How far down am I on the path to fear?
- Can I stop and turn around?
- What are my biggest fears?
- And why?

Always take into account that you are part of a network, a worldwide network, an intergalactic network. Fear as it prevails on Earth is not part of the intergalactic network. It was Earth-developed, Earth-made. It is a feature that has been slowly developed over millennia on this planet, the deeper the different races that roamed this planet sank into the dense physical, developing the mind, the ability to rationalize, the survival instinct. Fear developed further and now goes hand in hand with features that have been equally developed in tandem like ego, greed, hunger for power, lust for dominance over one another and the like.

Fear has also become a controlling tool whereby some humans subjugate weaker fellow beings. Over thousands of years, the fear of being hurt physically, emotionally, mentally, spiritually, financially, politically, through religious persecution, etc. has become part of the evolutionary cycle of human beings. It has become part of the “reincarnation package” for Earth. And as many historical events show clearly, if fear and threat combined with ego and power hunger had not been part of the game, a peaceful

cohabitation of different parties around the world would have been easily possible.

It is time to let go of fear of the physical. You are eternal beings. You are on this planet to accumulate spiritual experiences, hence to behave like spiritual beings. Do not fear fear! When you find yourself in a fearful mindset, switch from your mind to your heart and try to think with your heart. Your heart is the link to the intergalactic network. Fear is a deal-stopper on your evolutionary path. Fear slows you down. Fear blocks you off.

There will always be unexpected events that happen in life. Do not fear them. Welcome them as learning tools that will move you forward. Learn to live with less in the physical world. Learn to see and think with your heart. Accept the fact that you are a spiritual being that had been granted a physical incarnation on planet Earth with all its earthly features. Enjoy that gift whole-heartedly and use it wisely.

Always remember that through the intergalactic network, experiences are shared and made known. Be aware that your individual perceptions are also released to that network. Continuously ask yourself therefore what you wish to put into that network that is accessible to the intergalactic community. Do you want to make your fellow community members experience fear? Is that your best contribution while being incarnated? Think! Think twice! You have so much more power and so many more talents that would be of value to others.

Fear is not an attribute to be kept or shared.

Where there is fear, a lot of imbalances are created and healing from our side needs to take place. You, our human brothers and sisters, need to be in balance to collectively collaborate with us to implement the divine plan. This can only be achieved fearlessly.

Take control of yourselves and be bold! You have our full support.

Quan Yin

Sirius Minor ...

The topic of fear is extremely important and oft discounted, yet holds the greatest sway of power over our success, over your success in planting healthy seeds for a better and peaceful future. The diligence needed to beat out this hidden cause of failure is fundamental to my thoughts this day. Thank you for listening.

There will come a time, as always there does, when humanity will see with clearer eyes, clearer hearts and minds. But before that time, there will be one fraught with chaos and fear – fear of everything vital to your safe and healthy lives, everything vital to your perceptions of each faction of your livingness. But that chaos can be greatly avoided if fear be put to rest, if fear be relegated to a spot on the shelf, to a story in a book, and not the story of humanity's life.

Fear is in fact a weapon of great usage and destruction. It has been used by every great leader in history to motivate people to commit countless atrocities and live countless unfulfilled lives. For when the motivation of something is fear, only a life of imprisonment follows, whether one knows it or not. Freedom rests in love. It is in this approach to life that freedom lies. And it can only be gained in this way.

So often you fear something will happen. You worry and pine away with dread that this or that will occur, but this is like holding a flag over your space and saying "come and get me." For such thoughts attract the very action you fear. Many times however, whatever you dreaded will not happen as the fear has not yet laid down its tracks, and then you can see that you had no reason to fear.

Yet, at the next occasion, fear rises once again and defeats the previous gain. Imagine all the thoughts that hang in the air, heavy with the residue of fear, awaiting their moment of life. Then imagine a world where instead of fearful thoughts there ensued a steady stream of enervating, positive thoughts towards a bright and hopeful resolve to just about anything, to a peaceful and cooperative joining, a collective agreement that honors all sides equally, a handshake that holds its weight. Imagine a world where fearful thoughts gave way to a calm knowing that life will provide a myriad of challenges, but that each one can be met with love and effort, each one can adopt a pathway to a better situation and therefore allow the surprise that all went well. Guide your intentions in this direction, your hopes and dreams, your efforts. All will be well. All will be well. All will be well.

Life will never not be full of challenges. Life will never not be full of

surprises. Life will never not be full of results. Some you may not like, some you may. Some you may consider to be unlucky, unfortunate, some you may consider to be fortunate or auspicious.

The bottom line is that how you view the outcome is equally as important as how you view the creation of it. Fear on either end will result in some unpleasant situations, for the attraction of dark matter to fear is great indeed, and growing.

Hatred is beyond all endurance, for with the dark forces at hand this measure feeds the fuel of their fire, feeds their hand to allow chaos to reign. But if humanity can see clearly to eradicate fearful thoughts and expectations, then half the battle has been won. The other half rests on the response to outcomes and the follow-through.

Every thought is followed by a reaction. This cannot be more true and more useful to know than now. You are the maker of your path and fear has no place or use in it.

Sirius Minor
(from Sirius)

Lord Maitreya ...

This is a topic of the utmost importance to the human family, especially at this time when humanity seeks to leap to a higher level of consciousness. Humankind on Earth has always struggled with this issue of fear. As a result, you have reaped a very bitter harvest over a vast period of history on this planet.

Fear is the ultimate denial of your human rights. It takes away so much of the goodness in humanity and it is how fear pits one human against another, one group against another, one culture and one religion against others. It is the vilest and most destructive element on Earth since it takes humanity away from its true path of cooperation that leads to creating unity. Unity is a stepping stone to Oneness and Oneness is the objective.

Fear has become especially potent at this time because never before in the history of this planet have you had the opportunity to know what is happening everywhere in your world each and every day. News is now instantaneous and also visual. News media of every sort all focus on the worst things humans can do to other humans.

Whatever blockages exist on this Earth to teach humanity how to achieve its ultimate goal along the evolutionary path, humans continue to exasperate the problem by choosing to implement actions and policies that spread additional fear where it should not be spread. There is enough fear in the world that has its own natural place or its own role to play, but at this time in the history of humanity, fear should be blocked from the minds of your leadership and decision makers.

The political leadership would do well to advance humanity by choosing policies that do not include threats such as warfare. Religious leaders would do well to preach that you can no longer as a human race insult those of other religions or those with no religion, nor insult those who are very much committed to a focus on the God within. As for cultures and cultural leaders, it is time that you stop judging others negatively only because they may not be as technologically advanced or militarily not very powerful. Yes, it would be wonderful if the bulk of the human race had leadership that they trust and honor. That would speak much about the unity of purpose that humans must learn and accept.

Fear destroys.

Today we find parts of humanity looking over their shoulder at other countries that possess nuclear armaments and at the same time harboring

hatred of their neighbors. This is a recipe that we in the Community of Spiritual Masters view as a doomsday scenario and we hope that you can see the same. We see dueling philosophies of life backed up with angry people willing to destroy others and themselves as well in the process of bringing about what they believe to be true and just. How, you may ask, can all of this be brought into some sort of harmony?

We in the Community of Masters have watched this repeated cycle of fear creating human divisions, and these divisions then creating more fear and hatred, and eventually violent actions erupting until an entire world can be engulfed. What is the answer to this?

It may surprise you when I say that all humanity can end this cycle immediately if it so wishes. It is a matter of accepting that you, as humans, are defeated by fear ... and that you are victorious in unity and Oneness. Now, we do not expect that once fear is recognized as the enemy that defeats you, you will leap into unity and Oneness. But we do wish to say that once you recognize that fear is your enemy, an enemy far more potent than those you revile for their gender, their way of life, their way of worship, their past injuries to you or for any other reason, then you have taken a step toward neutrality. And from neutrality, you can take a step toward dialog, and from dialog to respect.

This can be a long and arduous journey, but it must be traveled if the human family is to survive. Recognize fear for what it is – the deepest root of hatred, of judgment, of anger. Recognize fear as the enemy who will always defeat you. Always – unless you are willing to risk the alternative, willing to risk learning about others, willing to risk respecting others as members of the same human family to which you belong. Some would have you leap to the love of others and that will come. I would be content if you recognize what fear is doing to you in your own life and determine that you are willing to risk exploring an alternative.

It is human energy that keeps fear alive and very potent. Deny fear this energy and like anything else that cannot get its food supply, it will slowly shrink and disappear from the mind belt of humanity.

Those who believe that they are leaders within the human family need to step forward and demonstrate this very important fact about fear. Hopefully, others would follow this advice and recognize that there are constructive alternatives that will lead humanity, through neutrality and respect toward unity and Oneness. Just as mass communications can stimulate fear in humanity because of the ability to show the worst of human nature, this communication system can also send a message from the leadership community of humanity that tells everyone there are any number of useful,

empowering alternatives.

There are wise men and women in the world at all levels of society who are willing to speak out when there is a rising wave of fear rushing across society. You may remember President Franklin D. Roosevelt saying at his first inaugural address to the American people, "The only thing we have to fear is fear itself."

It is time that today's leaders at all levels send the same message to all those who would listen. It is time that you each consider the role fear plays in your own life and realize that together, you can bring fear to an end in its manipulation of humanity. Only then will you step on the road toward the unity and Oneness that are yours by right. I promise you that you will rejoice in the day you took your first steps away from fear and toward unity.

Thank you.

Lord Maitreya *

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