

WE SEEK TO SERVE – OPEN FORUM

Compassion Unites The Human Family

Lady Nada

Dear Reader,

The Open Forum is an avenue for panelists to present stand-alone subjects dear to us individually. Today, I feel it is my responsibility to talk about the very important emotion called “compassion,” ... and the lack of same.

Compassion is not only an emotion, but also one of the most important “glues” cementing the human family. Compassion unites strangers, it makes people act from the heart, with passion, forgetting differences that might divide them if they stopped to think.

Compassionate people walk around on this planet putting themselves in the position of others, lending a hand to those in need.

Compassion gets extended towards nature – makes you want to water a thirsty plant. And of course towards animals, when you rescue a stray puppy or help a tortoise to cross a busy street.

Compassion is the opposite of selfishness. It is the beginning of caring for each and every thing, and the unconscious realization that all is interconnected.

In the July 2014 panel discussion, Sho spoke of energies and how they operate when aligned with the cosmic heart frequency Source intended for humanity. In a way, this Open Forum is an extension of that conversation. There is so much that needs to be considered about one’s own actions. No single heartfelt emotion goes unnoticed or remains without effect on the surroundings. So I can’t state strongly enough that being compassionate with everybody and all things in dire straits is a first step in assisting unruly, turbulent energies to calm down and transform into grounded and positive energy that can start to heal.

What we see with growing concern in the human kingdom is a *lack* of compassion when disaster strikes, for example, or when the news reports horrible war crimes and people in front of their TVs just shrug their

shoulders and say, "None of my business."

We do admittedly observe a growing wave of compassion, part of which is happening with the help of social media. One example is the outcry of people joining the "Bring our girls back home" campaign to save the kidnapped girls in Nigeria.

This is something we want to bring across to you all. Compassion. Be compassionate, send out love and healing to everything and everybody in need that you come across or hear of. Compassion will eventually lead to passionate action, shaking up those who have gotten out of sync with the cosmic heartbeat.

It is our goal to wake up and shake up each and every one who is bringing suffering and heartache into this world. It is our hope to turn these people around, to make them see how wrong they are, how much they are hurting themselves, and the wealth of loving and caring alternatives there are for a peaceful community life. Yes, people must learn to see themselves as One and see that there are alternatives and then, after they see, to tread a different path.

Please keep in mind the energetic consequences of every little thought you have about a given situation. When watching the news, do not look away, do not fall into depression but send compassionate, loving heart energy to everyone involved to help them re-align with the cosmic heart frequency. This may sometimes prove harder than you think, but as with everything, practice makes perfect.

On behalf of your many friends and allies, I thank you for your interest and participation. It is very precious to know that readers of this website are walking the path of raising the planet's consciousness and vibration side by side with us.

Thank you for your compassion. I feel how much each and every one of you cares.

With much love,

Lady Nada^{*}

*Open Forum offers the panelists who participate in MasterSpeak Panel Discussions a place to speak on the topic of their choice. For more information about MasterSpeak Panel Discussions, Open Forum and Focused Themes, visit WeSeekToServe.com.