

WE SEEK TO SERVE – OPEN FORUM

Open Yourself To Discovery And Help Us Help Humanity

Sartarius

(from the Pleiades)

I have told you previously, dear Reader, of my experience when I first came to Earth in the time of Lemuria¹. It was then I discovered that those I considered alien to my way of life were indeed beautiful souls who manifested that beauty in the way they lived their lives. For me, that was a challenging, life-changing discovery.

From my very heart, I would have each of you experience a challenging, life-changing discovery just as beautiful. I want you to discover your own power to make changes in your daily lives, energy changes that will result in joy that radiates through your environment and into the energy network that binds together the human family of Earth.

From my very heart, I would have each and every one of you discover how truly important these changes are for all of humanity and have you take steps and make these changes. I cannot tell you the impact you will have if you look around and open your heart and your blessings to those you do not admire, to those who cause you the most grief, to those you consider detrimental to the human race.

My colleagues have said these words in many ways, so I would like to play out for you a slippery-slope scenario so that you can understand what happens and, hopefully, choose light-giving, loving action in your own lives.

I would have you consider the edge of that slippery slope. Ask yourself: Is there an individual or a group that you simply don't like? You don't necessarily pass judgment on them, you simply don't like

¹ *My Awakening To Oneness* – Sartarius, WeSeekToServe.com, [Open Forum](#) October, 2013.

them. You don't like being with them, you simply want to avoid them. This is, in its own way, a judgment call and that is fine. I am not passing judgment on your judgment calls. But what I would ask you to do is acknowledge the fact consciously that you don't like whatever or whomever this is and you are avoiding them. I would have you consider how much time you spend, be that 2 seconds or 20 minutes, thinking about why it is you don't like them, why you avoid them, what it is you are thinking about them with distaste.

Think of all the consequences this dislike could have if you let it. Think about what kind of negativity you would be sending into the network that weaves through the entire human family. Would you speak of this dislike to anyone else?

Dislike is, at first, silent within you and if you speak of it to someone else, the negative energy becomes stronger. And maybe you'd raise your voice and maybe you'd express your dislike directly and maybe you are upset over an argument and you would bring others into this argument because you are so uncomfortable with the thought of this dislike that you need justification, you need reinforcement.

So you would seek out those who will agree with you. You would then have group justification for what it is that disturbs you, be that a decision made by your government or a decision made by your best friend. And you would have a group of people sending negativity into the network that reaches and binds together Earth's human family.

It is easy, in the whirlwind of life, to forget the powerful effect of the energy you send into that network. That energy has one of three effects: it is beneficial, it is detrimental, or it is neutral. And that network is with each and every one of you, surrounding you always.

So I invite you to turn that slippery slope around.

However much time you spend considering your dislike and speaking to others about your dislike, take that same amount of time and sit quietly. Let the love and light deep in your heart come to the surface and then send that heart love and light in a blessing, just a blanket blessing from God through you to the one or ones who distress you. That is all I ask. From God or Source ... through you ... to them. And if you do not believe in a higher power or Source, then there is something else inside you that generates love and light. Send that love and light to the one who disturbs you, the one you dislike.

I would ask you to consider the difference it can make if – once you articulate and understand your dislike, your discomfort, your need to justify the dislike by spewing it forth so that others can hear and support you – if you then turn your energy toward the light.

Consider what influence you have if the support you ask from others is to join you in silently extending a group blessing of light and love to the individual or individuals involved. What are you then sending into the energy network that connects all members of the human family? What are you then sending into the network that connects you, in your daily life, with every single person you see or meet?

Sending light and love is something you, personally, can do *every single day of your life*. This sending can be your contribution to the next civilization. Emitting light and love from your heart into the world is power for good, the power of healing that lies within you. You need only tap this power for the benefit of the whole.

Every spark of light causes darkness to recede just a little. You can be a distributor of light and you can increase your own effectiveness if once you send this light to those you dislike or those who distress you, you open your sending even more broadly and just say to your heart, or whatever greater power you may envision, "Let this light spread through the entire network that binds the human family in Oneness."

Let this love pour forth into that invisible network. You can do that. A few moments, a few seconds every single day and you are improving the energy flowing through that network and healing the damage that can be done when dislike and irritation are poured forth. You can be a healer in this way. You, personally, can bring light.

My colleagues and I have stated clearly the power and influence of energy. Please, *please* explore, discover and remember all that *you* are capable of doing. Take a few moments to send light and love. And at the end of the day, I would ask you to check in and ask yourself, truly, if you have sent more light and love into this network than you have sent irritation or negativity in some form.

And when you do this at the end of the day, and you find ... well, I can just feel the smiles and the joy when you find that you have sent more light and love and joy and compassion into that network than you have sent annoyance and irritation.

Then I would say, "Thank you." And I would have you thank your heart

for enabling that to happen. Thank your angels. Thank your guides. Thank God if you believe in God ... and become one of the WeSeekToServe readers who is helping us help humanity.

Please understand how important it is that you discover the power you have to make changes. With all my heart, I want you to discover your power to emit light and love into the network that distributes energy to all of humanity.

Do this and take responsibility for doing it. You will feel the joy of breaking free from limitations and discovering all the things that can happen in your life, your environment and the lives of those around you. I most humbly ask you to consider my request, for you do have power. You have the power to improve the energy netting that reaches every member of humanity. Please, use that power to assist us.

If each of you can find two other people who are willing to consider these alternatives and make these changes, you will free the love and the light in your hearts. Your energy will be like a radiant flower blooming and it will be beautiful for all to see.

As one individual radiates, not only is the network enriched, you will discover that the atmosphere improves wherever you are and others begin to radiate. It could have a domino effect.

This is nothing new, but I so very much want you all to know the power you have to improve the world you live in. I want you to experience the joy of freeing all the love and light hidden inside.

By carrying that love and light energy forward, not only do you create changes in your own life, not only do you help heal the damaging energies we on our side see so clearly, not only do you help lay the foundation for the new civilization, you also help us to help you.

Thank you, from one who has come to assist this human family.

Sartarius^{*}

^{*} Open Forum offers the panelists who participate in MasterSpeak Panel Discussions a place to speak on the topic of their choice. For more information about MasterSpeak Panel Discussions, Open Forum and Focused Themes, visit WeSeekToServe.com.
©2014 WeSeekToServe Production Team