



*We can prepare the garden and have the teaching space ready,  
but you must walk through the door.*

Master Kuthumi

# MasterSpeak

Panel Discussions

Among The Community Of Spiritual Masters  
And Our Off-Earth Allies

June 2015

## The Joy Of Living In Awareness

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## *Master Hilarion ...*

I propose to extend my thoughts to the readers and confirm the simple yet effective route of believing, appreciating and extending your own sense of joy outward into the world and allowing its effect to saturate those around you and raise their intentions to also do the same in unison.

There is a reason that humanity has not yet succeeded in implementing the principle of Brotherhood, and that is a lack of expressed joy. For joy is as powerful an antidote to the problems of the world as it is a source of inspiration, direction, and in itself a means for evolution.

Joy. Joy to the world in every way. This is a key principle for uplifting hearts, minds and allowing soul progression to extend its life force. Truly, it is surprising that something so simple can be such a major factor but it is not as simple in its effect as it is in its action. Joy radiates an energy that is transformative whether you know it or not, whether you accept this fact or not.

Humanity has had a way of downplaying this emotion, of demoting this demonstrative, expressive concept to lack-luster status, but you have been wrong in your thoughts and suffered greatly for your lack of perception. If ever there were a key and simple concept to inspire action, create an atmosphere of cohesion and foster evolutionary action, it is the expansive concept of joy.

Joy begins in the heart and spreads like wildfire to the mind belt, the astral belt, the etheric and on and on. It extends to your workmates, your family, your lovers and friends, to those you see in the street, to your pets, to the plants ... it radiates to everything in your environ and causes all to vibrate at a measurably faster rate, an elevated rate. This elevated rate in turn causes a more orderly atomic structure to stand at alert, causing darker energies, lower energies to be forced out, squeezed out. Joy takes you to the top of the world and it is up to humanity to keep it there.

I propose a challenge to digest this concept and then sample its possibilities amongst your colleagues and companions. Test this concept by changing your perception of something to that of joy and see how it changes their perception as well, for joy is highly infectious, highly transferable and therefore completely capable of changing the world.

Joy has never been something to take lightly. As a means not only to enjoy through but a method to use as a tool, it has been a way-shower, and humanity missed the cue and the clues.

Joy is free, it is ample, it is inexhaustible, and yet it is lacking in the lives of all of you. Find your joy and you find your life is worth living in peace and

happiness. Find your joy and you will want to share it.

Find your joy and make a stamp on what it is to be a joyfully existing human being with a universe of possibilities ahead of you in which to delight, for such are the doors that will open when you look through the filter, the magnanimous filter of joy.

Hilarion

## *Master Morya ...*

Throughout human history on planet Earth, many have puzzled as to why human life has to be so miserable. It is not that humanity is being punished by the Gods and Goddesses as found in the mythology of the past, but rather, it is due to how humans view themselves in relationship to each other and to the world in which they live.

It is not for us Masters to intercede on behalf of humanity and dictate the path that people choose to live. Rather, we guide from behind the scenes and rarely present ourselves in a mode where we have direct contact with humanity. Nevertheless, throughout the ages there have been guides to the human race. No matter where they come from or their origins, these guides have been available for humans to contact. In most cases, the guides have contacted those humans who have had the ability to reach up and communicate with them.

Today, the teachings of the past are still available but it is time to update that information for a far more sophisticated human population. Humans today want to understand exactly what issues are involved and how you can end your human life of suffering which is to many a life too brutal and painful. There are those wise few who have taught that all mankind has an opportunity to grasp a better understanding of what humans need to avoid and what humans need to embrace in order to open a clearer path that they and others may follow.

Earth is at this moment in a period of great change within the human race and many are very much aware of this fact. However, it pains those of us who are the guides to humanity to see so much suffering being caused by a lack of unity in the human family. This total lack of unity is a major source of the sorrows that inflict suffering upon all humans. We watch and do what we can but there is very little sense of joy for humans.

Everybody wants to be happy. It is pleasurable to be happy and thus humans seek out ways they believe will make them happy. Their main goal is to achieve wealth or a high status within society, or to secure power, and this they believe will make them happy. However, the philosophers have warned that pleasure has its opposite. Pleasure that makes people happy is one side of the coin. On the other side there is sorrow. One cannot seek pleasure without also finding the sorrow that follows. This is a law of polar opposites that exist on this Earth as teaching tools for the human race.

How then is this pleasure or the seeking of happiness different from joy? It is because joy has no opposite. Joy simply is and if one experiences joy,

there is no opposite of "not joy." It is simply a state of being where the individual human suddenly connects with all that surrounds him or her and can sense unity with everything that can be seen and experienced or everything that is available on the mental plane. Thus, joy is very invigorating and does not require the seeking of material items or personal satisfaction in obtaining status in society.

Joy is knowing you are in total unity with the universe. It is knowing that you are never alone, that you are never separate from anything and that there is nothing you need do except to allow yourself to merge into unity with everything that exists.

There is no secret to this knowing joy so I would caution you to not get lost in some type of process or some special type of mediation or yoga trying to achieve it. Instead, open your eyes and begin to see that you are in total unity with the rest of the human race. Act upon this. See others as someone not separate from you but someone who shares with you the human soul. You are all of one soul and thus one energy, one purpose and one goal.

You cannot stand on the heads and shoulders of others to reach your goal faster or more easily. Instead, because you are one soul and one energy, what happens to one of you also happens to all of you. When one of you succeeds, you share that success with all. When one of you suffers needlessly at the hands of others, you will all share that suffering.

It is that simple, my friends, so see the unity in the work you do, in the relationships you have with others, and know always the need for total unity.

Morya

## *Venetian Master ...*

Greetings. It has been a while since I last addressed readers of this website, but I wish to address you today on a topic dear to my heart.

Joy is a quality that springs from the soul. When you feel joy, it is from touching your soul, being in contact with it. Joy is the echo of the soul in your life.

Notice those moments when you feel joy. A beautiful sunrise or sunset, a lover's gaze, your baby's smile ... are not such moments sublime, and all other such things that evoke joy in your heart? Are they not what makes life worth living?

Such moments of joy are the echo, and yet they are fleeting. For most, the glimpses of your radiant soul and its life come few and far between. In a way, this makes them even more precious and can create other shades of joy such as the bittersweet glow of longing. The object, of course, should be to increase the joy you experience until it becomes your permanent state of being. To increase the moments of contact with your soul, the bliss.

And so I come with a brief message today, and that is to strive for joy, to reach out to your soul every day, be it through meditation, or by being consciously aware of the beauty that surrounds you, if only in very simple things like the glint of sunlight on water or its dappling in the trees as you go about your day.

Spend a few moments breathing in beauty, listening to the stillness in your soul, and then radiating out the love and joy you find there to those around you. Once you realize how, it is the easiest, most natural and comfortable thing to do. In this way, you can help create joy in the world, help lift it from darkness into the light and create a climate into which we, your friends and allies, can joyfully step.

Bliss awaits you. All joy is yours for the taking. Sense it. Experience it. Manifest it, and fulfill a noble calling.

The Venetian

## *Lady Nada ...*

We can only agree with this construct that there is great joy in living in awareness of your soul and purpose, and we wish that all could experience and know this joy partially or in its entirety, which is to say in full consciousness at last.

The common notion of human existence leaves this concept fully available to each and every human, and yet for the most part, joy remains out of your grasp due to plain and simple ignorance of the natural human constitution. Humanity has much more within reach than it is aware of. Understanding that would change your world on a daily basis.

We are guides who guide with this very joy of awareness, for the awareness creates, builds and provides the structure for life to persist harmoniously and pursue its endeavors. We nurture this awareness and it in turn nurtures us all along the path of evolution. Matters remain on track and bring about expansion, and through this healthy and robust joy, we provide our guidance. We move ahead with this joy in our hearts and minds, with the very wish to lend our experience to those in our care.

It is only through this level of joyous living that life can bear the fruits for which it is intended. I wish for all to experience such days ahead and we will do all we can as guides to help humanity reach this goal. Without this awareness, your hearts and minds suffer to unbearable ends and leave no trace of expansion upon your days. No means are achieved and no doors opened. It is the opening of doors that leads humanity on the path to days bathed in joy for which there is no comparison.

We urge you to open your hearts and eyes and minds to this concept of joy and pledge to lead a life, day by day, where you strive towards opening up to the awareness of your higher self and to that of others. Open up to the human family in all its colors and shapes and sizes and ideals and mysteries. There is much to prosper from, much to profit from and much to benefit all.

It is with deep tenderness that we view our human brethren, cousins and friends. We have followed this path in older days and we know and understand all too well the difficulties of your lives. But we also know and understand the great wealth that comes with awareness of your full and true nature. Maintain a steady course forward, my friends.

Lady Nada

## Quan Yin ...

My dear children:

Joy is the radiance of the soul but it needs to be cultivated like a rare and beautiful flower. You must protect and nurture joy, you must invite it in and deeply experience its magical presence in your life. Rich, poor, old or young, you are all are capable of this deep emotion called joy when you touch your soul and feel its signature there. And yet, for so many of you, so few are the moments spent in joy. Why is this? Why should this be so?

Might I suggest that many of you spend much of your time and your being cloaked in fear – fear of want, fear of loss or abandonment, fear of what has been or what might befall, and almost universally, fear of change and the Great Unknown that it harbors. And so, though joy shines upon all like the radiant, generous sun, for many it is mostly unattainable, rarely experienced, fleetingly glimpsed.

Why is this, why should it be so, when joy could be the baseline of your life? Do you pay attention to it, do you listen for its deep call, or are you mostly numb? Worse yet, do you turn your back on joy and run from it for fear it will desert you? Joy is like a rare and beautiful flower. You must protect and nurture it, with all your being and all your becoming too.

And how do you become more joyful, how do you become Joy and let it fill your days? By sharing it, sharing it full out. With friends and loved ones who will blossom too in the presence of your joy, but even strangers on the bus or in the streets and buildings where you pass will be touched by its subtle radiation. All of nature will share and reflect back to you its joy in sensing yours. You can touch the flowers, you can touch the stars, even if there is no one special in your life at the moment.

Joy is like a rare and beautiful flower. Invite it, coax it into your life to protect and nurture and share. And we will be with you, we who love and guide you, for in touching the joy in your soul, you open the door to our joyous reunion and embrace.

Ever lovingly yours,

Quan Yin

## *Sirius Minor ...*

In the realms where I come from, awareness is a natural condition of the soul. This awareness is extremely high and yet ever developing and evolving. It has been a long, long time since we started gaining this awareness. It has been over a hundred thousand years of your time since my civilization started experiencing the changes that you are experiencing now.

All of you who are already living in this awareness or starting along the path of awareness and consciousness will agree that after the first moments of doubt and insecurity, and even moments of fear sometimes, once you have overcome all of these sensations, the feeling is one of great joy.

The experience is like having light coming into a dark room when you open a small window and suddenly realize that there is much more to reality than you thought. The ray of light coming through that small window illuminates all of your reality, illuminates what surrounds you, and you find that you are capable of seeing the same things differently, with different eyes under a different light. All at once, you start to appreciate things that were always there but you never realized, or you never thought could exist, or maybe you thought things should be like that but you never knew how to get there.

So once this little window is open and a few rays of light come into your world, your life changes completely and it will never be the same again. A feeling of curiosity starts to grow within you, an urge to increase your knowledge of things and start finding answers to the many questions that arise. Your understanding of things sharpens up, your inner vision sharpens, you can see further and clearer, and that brings enrichment, fulfillment and strength to your soul.

You will feel that you can now walk knowing where your feet are taking you, knowing where you are stepping. You are now able to see where there is a rock or a puddle or an obstacle. You can walk around or skip over obstacles, you will continue on your path with fewer difficulties, and you won't fall anymore.

On the other hand, when you see the light coming in through that small window, you know there is something else beyond the window, you know that if you peep out, there is a whole new world as yet unknown to you, full of light and very promising. You will want to overcome your limitations, to break the walls that have kept you in darkness, to tear them down and let all that light come into your lives. You will want to experience light, you will want to experience new things, you will want to change things and you will

be willing to accept those changes. When that happens, it will mean that you are ready.

Much of humanity nowadays is ready, has made these discoveries, has seen the light coming through the little window and is ready now to break down those walls and walk into the light, walk into the New Earth, the new humanity. A new life awaits, more peaceful, where there is no suffering, where everyone shares, where there is love and compassion because those are the feelings conveyed to you by that light coming through your little windows. It is up to you, it is your prerogative to grab those feelings and say: "I want this life, I want to change, I want to move into this New Earth, I want to make it possible."

The many hundreds of thousands, even millions of human beings who are now ready to break down those walls and see the light must all unite, must all work together, must meditate together, must send love to the darkness, must surround the darkness with love, with light. You must help everybody, good and bad, everyone in your world. You must send light to those who are beginning to see the light and to those who still need to open their eyes. Your light for them will be like that light coming in through the small window.

It's time for all of you to open your eyes, to stretch out your hands, to hold hands with all those similar to you and form a huge circle of energy around humanity, helping the change in the human family and planet Earth. All the kingdoms evolving now on your planet – the mineral, animal, and vegetable kingdoms too – all of you are walking the same path, all of you are walking towards change, towards the Light, towards breaking down walls and seeing what has been hidden to all for so long.

It is our will, that of myself and my colleagues, Ascended Masters and Off-Earth Allies both, to help those changes occur, to make them possible, to help all of you hold hands, get stronger and accomplish the transition into the new life, the New Earth, the new human family. It is our will to help you learn and experience the extreme joy of full Awareness in your lives.

We love you, we support you, we trust you.

Sirius Minor \*

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\* *MasterSpeak provides the Community of Spiritual Masters and our Off-Earth Allies a forum for discussion. While each individual has their own perspective, they never fail to work together for the benefit of humanity. For more information about MasterSpeak, visit [WeSeekToServe.com](http://WeSeekToServe.com). ©2015 WeSeekToServe Production Team*