



*We can prepare the garden and have the teaching space ready,
but you must walk through the door.*

Master Kuthumi

MasterSpeak

Panel Discussions

Among The Community Of Spiritual Masters
And Our Off-Earth Allies

June 2014

Adventures In Spiritual Growth

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The Panelist Group ...

Dear WeSeekToServe Readers:

In the past months, we have been taking a hard look at the changes to come in 2014 and beyond. We have advised that the road will not be easy, that it comes with many bumps and obstacles. We would have you take heart, however, because you have many allies, more experienced brothers and sisters from this and other human families throughout cosmos, here to help and advise you. We know the outcome. We see and smell the flowers awaiting you, the flowering of a new civilization, a civilization that better fits the rising frequency of all kingdoms on this your Mother Earth, including the beloved human family.

This month, we would have you align more fully with the great spiritual adventure that awaits you, have you come on board demonstrating those qualities that have always lit up the evolution of the human kingdom – your curiosity, your resilience and for want of a better word, your derring-do.

This month, each of the contributors discusses a particular aspect of the great spiritual adventure that awaits you – what it is, what gifts are in store, how best to approach it both as a united human family and in your own personal life. We do so as friends and partners in this great adventure and as your loving guides.

Welcome one and all to the great adventure. Open your hearts and minds to the new truths and a future that brightly beckons. We stand and greet you at the door.

We invite you to read on.

The Panelist Group

Omstara ...

One can begin to understand their purpose in life when they take the time to dwell upon certain concepts of life, whether about themselves or about others.

Life lessons can be quite hard to take at times, difficult to endure and difficult to remember, difficult to live through, difficult to see through ... but they are all part of the journey that each person must live. How that person decides to see life, to observe, to register and make decisions based on their experience is when it can range from being fun to being miserable, being an adventure or something unsurmountable that crushes the spirit. Each person must choose their stance, and each must bear the consequences.

We try to encourage the citizens of Earth to consider that each action they take is a building block to their next days of existence. An uplifted heart will bring uplifted days in the future and vice-versa. We see so many outcomes.

Human beings often feel powerless in the face of what befalls them, but this is where they have the most power ... and that power comes in the form of thought-building. The attitude you take and the thoughts that follow will be the very steps that lead you down, or up, or forward. Those very thoughts will lead you to a selection of doors to walk through on the adventure of your spiritual growth.

For example, should you make the decision to retaliate against someone who has harmed you personally through spite, then you are likely mirroring the same spiteful attitude that person approached you with. You have returned this hurt and thus it will be returned to you. That is one possible adventure.

Another possible adventure would be to understand as best you can the reason for this person's behavior and chose not to mirror it. That adventure will take you in the opposite direction and lead you to further, quite different adventures. This is not difficult to understand – it simple takes a moment to foresee and calculate which adventure you wish to experience.

Some choices open doors while some close doors. It is important to understand that a closed door is its own kind of adventure. Nonetheless, choosing to view your life as an adventure can be quite uplifting and can guide your thoughts towards making those choices that give you the adventures best suited to your spiritual growth.

Listen to your heart for guidance. Understand that difficulty is sometimes exactly the measure needed to produce moments of conscious expansion.

Take note and experiment with observing the outcomes of your actions with purposeful intent. Your perceptions will surely change and filter in the difference. You need not hold the world on your shoulders when it is far better to open your experience to the whole world and allow your spiritual perception to advance your view.

Thank you,

Omstara
(from the constellation Cygnus)

Ken'u ...

There are many various ways in which one can perceive their surroundings and the information they receive in their daily lives. We hope to take some of the fear out of making those decisions in regards to the changes evident. For fear will cloud the mind and cause humanity to make rash, unyielding decisions that could set them back for eons of time. We truly wish to aid humanity to gain the higher ground here, to have the tools to dig itself out of the trenches it has made.

This will require a strong heart and an adventurous spirit ... a simple attitude really, that one must adopt to survive the coming days with grace. For life is an adventure no matter where you are and what is happening. An adventure. You have been given the royal opportunity to live in this time and have any variety of adventures that you chose to create with the choices you make each day. Each moment, big or small, short or long, is an opportunity for an adventure. Each day is ripe with moments that could be an adventure, even if it is just in your heart or mind. The flow of spirit, bright and lofty, will allow your aspirations to soar and keep your yearnings fulfilled.

In the coming days, you will need this type of attitude to conquer the difficulties that humanity will be faced with. A good attitude is one that allows for the flow of creative ideas that will help you navigate your way through the difficulties. Humanity will be tested like never before to hold its temper and step forward collectively in some form of collective harmony in order to get through unsurmountable odds and circumstances.

Even we do not know precisely what challenges lay ahead, but we do know that the best way to tackle them and to succeed quickly is to adjust one's attitude to align with the view that all life is essentially at its core an adventure to explore. Life is to live it lively.

The expansion of mind and the expansion of heart equals the expansion of the soul. Thus life is by definition an "adventure in spiritual growth." Understanding this is the beginning of change because it is the beginning of what must transpire in an individual life. The key is moving this attitude up into humanity, up into the group level. And it must be clear that humanity has dug itself into a very, very deep hole.

Optimism alone is not going to get you out, but *without* optimism, you aren't going to get out at all. So the adventure is there waiting to be had, only this adventure, we say, you are not able to pull off alone. There is not enough unified will in the human family of Earth to prevent, in essence, a catastrophe. Without our assistance, your adventure is going to become very

deep and very painful.

Now how do you listen to us? That depends upon where you are and what you are doing. Every single reader of these words has the ability to influence others simply by the decisions they make in their own life and the way in which they move forward. You can help humanity in the way you move forward or you can dig the trench a little deeper.

This adventure is one, now, that is beyond the possibility of a successful outcome without assistance from those who can see an even broader view, those who can see the canyon in the road you are traveling. And you are going about 120 km an hour toward the canyon. That will be an adventure, but I think it's one you do not wish to take, you humanity, the family of Earth.

We would have the leaders of this planet, the political and economic leaders of this planet take a real risk in adventures in spiritual growth and open their minds to listen to us, listen to those who have seen these things happen, listen to those who have enough perspective to find a detour until you can manage to build a bridge that will get you safely across that canyon that you are headed for. You need our help and we are here to help. This is a message to leadership. If you are a political-economic leader of national or international standing, we are speaking to you.

If you are a leader in other realms, in other ways, and you have those who agree with you and are working with you, then we would say we can help you too ... if you call on us. We must be invited. Call on us.

If you take a walk at night, as you walk make it a walking meditation and just ask for our assistance and be open to the signs that we can send. We will hear if you are sincere and you want our assistance. We will not be able to appear to everyone but we can send signs and we can do things like creating an intersection between groups or individuals who can help one another. We can encourage that and steer people in an intersecting direction.

We cannot violate free will. But the first step is to realize that we are here and that we can offer help.

Life is an adventure. At this point, you are living that adventure as part of the human family. Imagine that you are mountain climbing or rock climbing and you are all tied together on a rope as you climb this mountain. What happens if one, then two, five, seven people on the rope fall? It puts a great strain, a dangerous strain on the rest of the human family. And that is what is happening. Mountain climbing is a great adventure, but I don't think this is the kind of spiritual growth that is healthy for the entire family.

We are here and we are here to help. Call on us. Some leaders at the national and international levels we will meet with. Others, be open to calling us and be open to a response that is a coincidence, a synchronicity, a sign.

And those of you who are not leaders, inform your leaders if it's appropriate. But understand that you are tied to that rope and if you are optimistic and you understand that your life is an adventure and you are making conscious decisions to move forward in a positive direction, then encourage others. You will encourage others simply by the stance you take and that will affect everyone on the rope who is near to you and that will affect the entire human family as you climb this mountain.

Make sure that you make an informed decision about which adventures in spiritual growth you choose for yourself and for your family. Life is indeed an adventure. Choose wisely.

Choose wisely, and know that we are here to assist.

Ken'u
(from the constellation Lyra)

Morya ...

This month's topic is crucial to us, the Community of Spiritual Masters, as we wish to illustrate from our individual perspectives some of the milestones to be reached in spiritual growth and downfalls to be circumvented.

Spiritual growth – what is it exactly?

You are born into a family that provides you with your first experiences in spirituality, be that in the form of a very pious environment where your upbringing is dominated by your family's beliefs and supporting practices like daily prayers or visits to the church, temple or mosque. It may be an upbringing that imposes rules and regulations in the name of God where you are expected to strictly follow what the Holy Book and tradition say without questioning because – so you are told – that is how it is done and it is good for you. It could also be the opposite, and you are brought up in an environment that lacks any understanding, acceptance, respect or relationship with spirituality, an environment that leaves you completely on your own to find the pieces of the puzzle that will lead you to an understanding of the Divine and the interconnectedness of all there is. And then there is the wide area between these two extremes where any nuance of spirituality can bloom.

The first introduction to and conditioning of spirituality that you receive as a child comes from your family, your neighbors and friends. And you process this information individually and with others, those you trust, those you fear, those who guide you. This guidance takes you into deeper waters of spirituality – or more shallow waters, depending on who your trusted friend is and how much he or she knows of spirituality.

I have news for you:

Not everybody who claims to be spiritual is spiritual.

Not everybody who has studied religious topics, passed a test, gained a diploma and is officially certified to teach a metaphysical subject is spiritually knowledgeable.

Not everybody who is in power proclaiming certain facts as de facto standards gets it right.

Spiritual growth – this is your personal project, it is your personal call.

For many readers, the path to spirituality is the goal, as you will most likely not reach enlightenment in this lifetime. Do not be discouraged by my words. Be realistic and embrace the path you are walking.

My comments on this month's topic particularly address those of you who

are stern believers in the rightfulness of your own all-inclusive competencies and expert knowledge, the validity of the books you have studied, the classes you have attended, the teachers you have listened to – those readers who are enthusiastic advocates of outdated “spiritual” information that is still considered the core of all wisdom when it comes to spiritual or esoteric knowledge.

I know that this is a shock to the system. It is a shock as you now have to demonstrate a new skill: the skill of letting go of old knowledge that you have stood up for, proclaimed, represented, taught as the truth to members of your community, to citizens of this planet – knowledge that has become part of your comfort zone.

And now you are requested to step out of this comfort zone, to step into unknown territory and explore this new space in terms of fit and usefulness. You now have to demonstrate your spirituality by following Spirit into new dimensions as your consciousness expands, guiding you to get acquainted with a new truth that contains updates or corrections to old information that you have fully embraced and accepted up to this very moment.

Where is your personal threshold? How much of an update can you take before you turn away and give up because you do not want to lose face and reputation? How hungry for the updated truth are you really? Do you accept new information only from a particular source and if so, what source and why? Are you willing to listen deep within yourself, to sense the gentle call from your soul indicating that it is time to acknowledge new information being provided for the new era, the dawning Golden Age?

Spiritual growth is a personal matter. You set your own milestones and the speed at which you are going to reach them. Spiritual growth has to do with your willingness to absorb and process as much information as possible, your willingness to accept the fact that information conveyed from times past was incomplete, partly incorrect or consciously customized to fit the system of those who had the say at the time.

Your best compass to guide you from one spiritual milestone to the next is your link to your soul: be still and hear what your soul is whispering. Get acquainted with the little signs along your path assuring you of the validity of what you have just heard. Feel the resonance in each cell of your body and know. Do not reject new information because it would turn your current picture of the world upside down. Instead, establish the link to your soul and listen. Feel the vibration that the soul emits to the information presented. Be still. Tune into your own energy field and sense the vibration coming from your soul. Then you will know, based on the resonance received from your soul throughout your body, how to handle the information in question.

Adventures in spiritual growth require an open mind and an open heart. Do not shoot the messenger delivering new information only because you have not heard of him before or you do not find any literature that would support the information provided. I assure you that we, the Community of Spiritual Masters, are preparing to release information on a variety of topics from esoteric teachings to scientific experiments that will require an open and curious mind – a mind hungry to learn more, process more, acknowledge more and share more.

Information that you respect, embrace and regard as truth needs to be realigned for humankind to move forward to the next milestone on Earth's evolutionary path. Stagnation of consciousness regarding the conservation, adoration and adhesion to information in the sense of traditionalism and conventionality is no longer an option.

We, the Community of Spiritual Masters and our Allies, are particularly counting on those representatives of humanity that are looked on as leaders and decision-makers, trendsetters and visionaries to demonstrate their skills and live up to their reputation by assisting us to share with the public some important updates and corrections to traditional thinking and perceptions. We need well-known, highly respected and internationally recognized supporters who will have words of encouragement and hope for those who reject the new facts and figures based on fear, fear of any kind. We need them as shining examples and pillars of strength to anchor the new truths. That is one group we count on.

The other group we wish to see offering their support is members of the human family who may be unknown to the public but who represent the majority of society – people who realize that the revelations and updates we release consist of the truth. This second group supports the foundation of society at large from the bottom up. They too are a firm pillar, or better yet, the foundation upon which the new civilization can take shape. We need both groups supporting us as they are the two sides of the same coin.

The last 100 years have demonstrated accelerated speed in human consciousness and a willingness to deal with new topics across many different subjects, which is very promising in our eyes. We hope that this process will continue and that more people will awaken to a healthy curiosity for exploring the unknown and finding the new framework of truth and reality on Earth.

It is an adventure with us as your guides to help you find the way to the next spiritual milestone – a milestone that you can and should reach in this incarnation. Please go on this adventure trip consciously, with open eyes and

an open mind, knowing that you can learn only by questioning, assessing, unlearning and letting go ... be willing to make space for the new truths to guide you from now on. Growing spiritually requires the willingness and the courage to change. Know that you are not alone but guided from deep within.

I thank you for listening to our call and for your commitment to move forward.

Morya

Lady Nada ...

It seems a shame indeed that members of Earth's human family, this late and great in civilization, generally do not know who they are, where they came from or why they are here. All of this will become more clear very soon. Whether humanity can accept and understand this is our question ... when and how much.

The process of spiritual development will play a key role in how this awakening unfolds and how fast. Humanity has a full range of intellect bridging polar opposites, and it may not necessarily be the most intelligent who grasp what information we provide, for it is not something that needs to be perceived in the mind but rather in the heart, for the heart will know its resounding truth.

Always we look toward planning the future to provide the best outcome, just as much of humanity does. Having hope is a major factor in the parameters of this process. Understanding that this growth is a natural and surely rewarding part of human life is a fact that can transform fears into moments of calm and interest. For to hold interest in what is going on about yourself and your feelings is a foothold into your spiritual development. One cannot simply barge through life and expect to get everything right, or have an outcome that is harmless. That is simply not possible. Thoughtful actions follow thoughtful, conscientious thoughts and they provide the foundation of a conscientious society where all benefit. And when all benefit equally, we will know the human family has advanced to its flowering goal.

There is much for human beings to learn about this, but it need not be a stretch. This is your natural state of being, yet few seem to realize this or behave in a manner that reflects the understanding that your life is a conscious plan with immeasurable variables. There are many rights just as there are many wrongs, which should relieve the pressure to "get it right," but to rather "try and succeed" in any way that is open to you.

Open your horizons and allow others to open theirs too. Expand your understanding that life is an adventure meant to offer you a smorgasbord of opportunity. Be mindful to make any opportunity you choose into a chance for your own spiritual growth and the growth of those walking with you on the path you choose. Care about each other and grow together no matter where you start and no matter which opportunity you choose.

The world has diversity for a reason. Through diversity we can open our perspectives and see the whole rather than a small piece of the pie. To stay acquainted with a smaller piece of the pie will not allow your heart to expand

as does stepping outside that boundary. We set to encourage you to allow the heart to yearn for understanding, the mind to yearn for fodder, and to accept together the endless possibilities that may expand your spiritual natures.

Thank you.

Lady Nada

Derisum ...

Greetings.

It is indeed my pleasure to once again be speaking to the readership of this website. The topic for this month is adventures in spiritual growth and I would like to pay particular attention to the two parts of that topic: one, the adventure part, and two, the spiritual growth part.

But you see, the spiritual growth part has to come first before we start talking about the adventures. So first, let me discuss what it is we who are your allies see in the nature of spiritual growth that is in store for the human family of Earth.

What is in store is a lot of learning, a lot of unexpected eye opening. This kind of eye opening, awareness expansion, has been going on in many areas for a long time. There is a history of one unexpected awareness after another after another and some of the ways eyes have been opened are big and some have been small.

Now, when it comes to the eye-openers of spiritual growth, there are various sorts. And we would say that the human family of Earth will have a lot of eye-openers coming their way in the nature of spiritual growth and expansions of consciousness one way or another. You will be seeing things that were not seen before, hearing things that were not heard before even if they were said, seeing in other people qualities that you did not see before as well as hearing and knowing, from the invisible worlds, concepts and ideas that were not there before.

And one of those ideas that needs to be reheard and have its eyes reopened is the idea that those of us who do not currently reside on Earth are aliens in the most derogatory sense, the belief that we are out to fight with Earth or out to rule Earth or to destroy Earth. Because the truth is that we have come to share with you what we know and have experienced about expansions in consciousness that bring spiritual growth.

Spiritual growth is the open ears and the open eyes and even the open touch and feel and smell and taste that is unexpected but that expands your awareness and your enjoyment of the entire of Creation. Or *can* bring that kind of joy if you let it.

Now the adventure part, this is the fun part. If you will, think of moving into a new home, a new apartment in a new city because you have a new job. Or consider the adventure of remodeling the kitchen in your current home – be

that a small apartment or a mansion. No matter how tiny or large that kitchen is, you are still in for the adventure of remodeling.

You see, all these examples are adventures in something new. And that is what spiritual growth can be: an adventure, moving from something that is reliable and familiar to something that is not yet familiar and therefore not quite reliable. Yet there is the promise of something beautiful and fulfilling.

Now let us continue with the example of completely remodeling the kitchen in your apartment. During the entire remodeling phase, what goes on?

Well, there is a tearing out of the old. You remove the old flooring, the old appliances, the old sink, the old countertop, the old cupboards. They're all going.

While this kitchen is being remodeled and the old floor torn out so that the new floor can be laid down and the same with the appliances and the cupboards and the sink, there is a period of upset and chaos and discomfort. You can't cook in the kitchen. You used to know where everything went in the cupboards and how everything fitted into the old refrigerator. And maybe that little gouge in the old kitchen floor has a special meaning because of the memory of when it happened.

You're remodeling and it's an adventure because you are going to go through a period of chaos and then settle in with what is new.

And that is what spiritual growth is all about. Your current ideas about spirituality, what keeps you going and what you understand is there ... and like the old flooring, it is all going away. The spiritual functions may still be there, but there is something new that takes the place of what is removed.

There will be new truths coming, remodeled truths as you peel back to the core of what your spiritual belief is and find out that the core is still there but the trappings are being torn off and redesigned. I say that with hope because this is what we have seen in many, many other cultures throughout the cosmos who have gone through the kind of expansion you are experiencing here on Earth. The removal of the old can be very painful, it can be painful emotionally, mentally and spiritually because you need to rethink so much of what you thought was stable and adjust to new information.

But just as in the remodeling example, following the period of chaos, of upset, of discomfort, there comes something new and fresh and welcome. And you will say, as many others have said before you, "We wish we had done this sooner."

That is what we hear very often: "We wish we had done this sooner."

Spiritual growth can be found in a new focus on commonalities rather than differences, in realizing that those you considered your enemy are indeed energetically bound to you and you to them, and you are brothers and sisters to one another. You realize that they have good qualities that you have not seen because you have not been willing to look that deep. These are the kinds of realizations that will come as new truth.

You will find that your spiritual leaders have been teaching not only old core truths but also the trappings that have been built around those truths, and you can work with your leaders if they are open. Or you may be a spiritual leader yourself and realize that it is time to go past the trappings – be they rules, customs or elaborate ceremonies – to get to the core truths and realize that the new truth that is being presented to you is actually compatible with some of the core truths that have been sustaining your spiritual life for some time.

That is what I would like to say. Make this an adventure in finding something new and beautiful and more comprehensive and more useful than what it was you started with before the adventure began. And understand that the zest in the adventure, the part that will reveal to you much about yourself, is to be found in the discomfort and the sense of chaos that accompanies the transition from the old to the new. Approach this with hope and a sense of excitement and trust that what is at the other end is going to be ever so beautiful and ever so comfortable. Give it a chance.

I thank you.

This is your friend, Derisum.
(from the constellation Orion)

Yeshua ...

The trouble with adventures in spiritual growth, the difficulties, are twofold. One, some people simply don't like adventures. They would rather keep things exactly the way they are: predictable, under control. The second difficulty is the fact that when we are talking spiritual growth we are not talking something as simple as going out and buying a new pair of shoes for a specific occasion, or a new coat because the old one has finally tattered to the point where it's not fit to be seen in public.

Spiritual growth is deeper. It goes to the very core of the beliefs upon which decisions are based every single day of your life.

Now, some of these decisions are quite minor. Some of them are unconscious and some of them are quite conscious.

The spiritual growth ahead for every member of the human family on Earth will be quite shocking to some and quite welcome to others. Whether or not adapting to these new truths is seen as a spiritual adventure is strictly up to you. It is your interpretation of the facts that make acceptance and adaptation of new information a traumatic event or an adventure, something to look forward to.

In either instance, the necessity to grow spiritually will not go away. So the interpretation is yours and yours alone. May I suggest that you will enjoy life a lot more if you undertake the integration of these new truths into your spiritual life as an adventure. If you fight this, and look for every way you can to prove that it is not true, that this new information is false, inaccurate, deliberately misleading, whatever terms you choose, if you take that attitude, you will indeed damage not only yourself but others around you. You will hinder the spiritual progress of the human family on Earth. It is that simple.

The choice is yours.

These new truths, this new information – some of it has been published on this website for some time. Some of it has been published on the website I maintained for some time: ThoughtsFromAMaster.com. So this new information has been out there, although it will be new to certain individuals. When you see a piece of new information, you have many choices as to how to react and one of those choices is to simply ignore it because it does not affect you at the moment. And you go on with your life.

Another way is to look at the information, absorb it and see in what ways it

does affect your outlook on life and the way you live your life ... and thus the energy that you radiate into the environment.

We would have you each radiate the deep sense of adventure there is in meeting new information and finding how that new information can be integrated into the current set of information that, in essence, governs your decisions and your behavior. And I will take as an example our friends and allies from off Earth.

For some, it is new information that those beings who come to us from off Earth are indeed kind, loving, deeply committed to supporting humanity's spiritual growth and doing everything they can to help this planet and all kingdoms of this planet through the time of rising frequencies.

What we would have, if we could have our way totally, would be that people who read this news welcome those who have come, welcome them from the depths of their heart and wish to learn more about them and thank them for all they are doing.

That degree of acceptance is an adventure and that is spiritual growth. Supposing the next time there is a movie out of Hollywood that depicts those from off Earth as dangerous enemies, those of you who know the truth are willing to speak up. That is an adventure. You do not know how that truth will be received. If in your heart you know it is true that they are allies and you have listened to what they have had to say on this website, then speak up. Be willing to pass on and radiate the new truth and observe the reactions you get. You will find that you are in the middle of an adventure.

There are many other examples of that sort, I would say in your immediate future. So be prepared, be open and enjoy the adventure, truly enjoy the changes that are in store with the new information that is going to soon be coming to all of humanity.

Thank you.

Master Yeshua

Maitreya ...

Dear Participant in this adventure,

Have you ever felt that you needed to break free from all that you are used to? Explore new paths and go on a new adventure, to places unknown, where people speak a language you don't speak, where discovering a new culture makes you dizzy and the air is filled with foreign scents? Wanderlust, as some call it, well describes the excitement that comes with traveling to new, exotic places. And of course, the pre-excitement.

Our topic today, adventures in spiritual growth, speaks of just that. Many are on the search for a deeper meaning in life these days, many are waking up to the fact that there is a lot more than meets the eye. There is a wealth of information out there, a lot of literature, there are a lot of people teaching on different spiritual topics.

That said, it shows how confusing it can be to embark on a spiritual journey. It is like sifting through the sand on a beach to find a lost ring. You may find someone else's jewelry on the way, or you may find some discarded trash. There might be bones, there might be treasures. If one weren't so distracted by the worry of finding the lost ring again, one would certainly enjoy this search with all the little surprises that surface.

This is very much like what the journey on the spiritual path will bring. Meeting a lot of new, wonderful and wise people on the way is guaranteed. But it is important to develop a good sense of intuition, for there will certainly be some who are not so valuable to one's own growth and even some who turn out to be a hindrance on the path. So please pay attention here. There will be detours, there will be distractions, but it never gets boring.

It is always good to turn inward on the walk, for the biggest surprises lie within. Getting to know oneself as part of the big plan, as a member of the spiritual community and as a vital part of higher consciousness is certainly one of the most exciting and rewarding adventures out there, especially when "it all makes sense now," when one finds the soul group one belongs to.

There will be new revelations around each and every corner, and beautiful gifts to be picked up from the road side for those who recognize them and care. As you fill your backpack with wisdom, skills and energies acquired on the path, with love and friendship exchanged with others on the journey, with joy and cheerful memories as well as "lessons learned" memories, you

will come to realize that life without the spiritual growth that you are gaining would be quite meaningless by comparison.

When you empty out your backpack at the end of the journey (or in between because it got too full!) and hand out the contents to friends, family, scholars or anybody that you meet, you will be amazed how much you have to share – how valuable your own experiences have been, how rich they have made you and how much you can give back or pass on to others. The sharing will make these treasures even more valuable, and they will by and large be received with open arms.

So I would like to encourage you today to take the next step toward more adventures on your personal spiritual path to come. Do not stagnate but take a leap forward into the unknown. Join the many brave souls who have done just that. And don't forget that you have done this before, consciously or unconsciously, for your own beautiful soul has already come a long, long way to this point today.

I would like to remind you of the joy of adventure, especially if you have for now forgotten the exhilarating thrill of your spiritual path over everyday troubles.

My friends and I are here to embark on this journey with you. We will keep showing you glimpses of what awaits you and awaits us all. I hope you feel as much excitement and joy about the upcoming adventurous ride as I do.

Maitreya

Sirius Minor ...

The topic this month is adventures in spiritual growth, and as one who has observed this planet's evolution for many millennia, I would have you consider the many instances of new truths bringing with them the possibility of new adventures, and particularly as concerns the history of the human kingdom on Earth.

You need not go back so very far to find example upon example of such doors opening. Barely over a hundred years ago the first aviators took flight and opened whole new ways of travel and exchange that were but dreamed of by Icarus, by many generations of those whose dream it was to fly. Today, catching a flight is almost as commonplace for many as boarding a bus.

Go back but a few centuries earlier and you will find Galileo burned at the stake for touting a blasphemous "new" truth (not so new, as it was known way before his time) that the Earth goes around the sun and is in no danger of falling off at some remote edge.

And what new adventures did heliocentrism create? Many, not the least of which was the Golden Age of Exploration that drew the human family into a different understanding of who and what they are. Once the doors open to new truths, they also create a launching pad for the expansion of consciousness. At every such turn, there are those who would deny the expansion its opportunity, who would smother the new truth before it can upset the status quo.

But you have a word on this planet for the life force and that word is "indomitable." For that truth, whatever it may be, will find its way to the greater light just as water flows to the sea.

Merely by allowing for the possibility of change, you open the door for a shift to occur. Think about that. Please think about that carefully.

As you may remember, I work a lot with scientists and there is a convergence going on amongst advanced theorists. The thinkers and their various domains are all stretching the current boundaries of what is deemed possible toward a greater understanding, and subsequent application, of what can be.

The race itself is quickly evolving toward a great leap into a new civilization, as you well know from reading these WeSeekToServe pages. And your

renewed contact with your brothers and sisters of old will be another great springboard into advancing consciousness and cosmic citizenry. And not only a springboard but a milestone that is just around the corner – a whole new adventure for the human family here and from elsewhere in the cosmos.

Just as people had to get used to the fact that the Earth was not flat nor was it the center of the universe, many dearly held views of the present will go by the wayside, will have to.

No indeed, for example, you are not alone in the universe but are part of a much larger, teeming cosmic family. Your place is not what you thought or think it is. Some will adjust more easily than others to the new evidence coming, and I trust that WeSeekToServe readers will be in the vanguard. We are most thankful for this.

What would you be open to changing in your own worldview should new evidence arise to change your mind, new facts emerge that conflict with your long-held views, should two and two now add up to something different?

I challenge you – well, challenge is perhaps not the right expression – I urge you to take a good look at some of your cherished beliefs and ask, “Is it really so? What could change? What adventure could happen if I let go of this or that limiting view that is now holding me hostage?”

On the personal level, maybe you don’t think you are good looking enough or smart enough to ever amount to anything. Maybe you feel that love has failed you or passed you by. On the global level, maybe you don’t think there could ever be peace in this or that trouble spot in the world or that hunger could ever be eradicated.

But what if you made room for the possibility that these things are not true? That you, personally, are not only good looking enough but have been crafted in the image of God, that you are a God Spark incarnate, and therefore divine in your own right? Do you then see yourself differently? And do you not then see and treat your brothers and sisters differently, knowing that they too are children of the Divine, just like you?

And from that realization, if it truly occurs, from that one realization can world peace not develop and the sharing of world food and resources begin for the good of all? Could not all your hearts rise to claim the divine status and behavior that are yours to demonstrate?

What a great spiritual adventure this would be, and we your allies are here to assist. So make haste, make haste to open the floodgates of your minds

and hearts to divine Oneness and the company that we bring.

We salute you. I salute you.

Sirius Minor
(from Sirius)

Sartarius ...

This is Sartarius. I am pleased to be able to speak on the topic of “Adventures in Spiritual Growth” as one of the Off-Earth Allies. As we play a more active role in assisting the human family to advance in their consciousness, those open to communication with us have probably already realized how vast is the field of possible experiences that a friendly and reliable relationship with us is opening up.

Many in the human family have only a vague idea that we do actually exist, so interacting with us will most certainly catapult some receptive ones into an adventure like something out of a science fiction book. Please, do not be fearful or doubtful, but instead remain calm, confident and curious. We have stories to tell. We have support to give. We can assist you and help you feel safe in moments of despair. We can and we will.

For many, engaging with Off-Earth Allies will be seen as the biggest adventure ever for humankind. And for the individual, it may certainly be the biggest adventure of this particular lifetime, for few remember that we have been here all along.

What the Community of Spiritual Masters and Off-Earth Allies would like to see is an openness, an open mindedness and a certain receptivity to the wisdom of old, for it is rich with vital information. It is our hope that the challenging new times will be seen as the big adventure that they are, and inspire a positive attitude and high motivation. This is a very important attitude to adopt and maintain. A huge rise in consciousness is inevitably required, so facing this fact with a smile and some excitement would be the most desirable way forward.

Every member of the human family is searching – searching for peace of mind, searching for happiness, searching for comfort, for wealth, for safety and security and many other states of mind and matter. With a gentle bit of guidance, all of these searches could finally come to an end. May it be that peace of mind is finally found, or that material wealth is suddenly not so interesting anymore.

In these times of change, when everything is moving very fast, the human family will hopefully be accepting of us, and welcome Off-Earth Allies. We are not here to scare you. We are here to walk this path with you, into a new dawn and an enhanced consciousness. After all, we are your brothers and sisters in the One Family.

Once our presence is known, proven and accepted, one of our duties – and

our pleasure – will be to answer your curiosity questions. You can embark with us on a journey to new horizons, new fields of science and dip with us into the knowledge of faraway galaxies.

This is the adventure lined up for the human family. It is our hope that you are as excited about it as we are about working with you.

With warm regards,

Sartarius
(from the Pleiades)

Sho ...

Dear friends,

I am Sho from the Pleiades. Now, why do I start off that way? Because I want to make it clear, just in case there is any doubt, that I speak not as someone who lives and incarnates on Earth, but someone who has lived for a very long time on the Pleiades, among the Pleiades and who has been here working with the Community of Masters for a very long time.

I am speaking as one who has volunteered to be among the five who have emerged onto the dense physical plane so that we can work with the political and economic leaders of humanity to get humanity redirected onto a path more beneficial than the current one, a new path that will lead to a new civilization.

I want all of that to be perfectly clear.

Accepting the above facts might indeed create the need to reconstruct a pillar in your spiritual life.

How is that so? Well, what does that information mean in your spiritual foundation? And as "spiritual foundation," I will speak of those constructs that you use to govern your behavior, the constructs that apply beyond the physical rules and laws, the constructs that guide your behavior in your relationship to the planet, to other human beings and to the rest of the cosmos. In other words, the constructs that govern your behavior toward the entire of Creation. That will be my definition of your spiritual life.

What does it mean to you to be told, informed, that a being from a planet circling a star in the constellation called the Pleiades, that this being – me – is here, wanting to speak to the political leaders of this planet? And that this being wants to speak to those leaders to help them see a better path for better lives of the entire human family?

What does it mean that you have been told many times over that I am an energy worker? That I work with a group of human beings who are working with me to clear this planet of the dense, dark energies that have been created by anger and hate and judgment, the dense, dark energies that have been created by violence perpetrated on one another?

What does it mean to you to be informed, to be told that a being from such a distant place has come to help your leaders and your planet? What does that say about your concept of, for instance, the Divine? Of God?

What does that information say about your relationship with other human beings? You have been told by many of us speaking on this site that every one of you is energetically connected to every other being on this planet. And that is just at the human level, because all of Creation is interlinked and interwoven energetically. How do you go about assessing that? Accepting that? Processing that piece of information? And what does that mean to you?

I would venture that hearing the information that says you are energetically connected to every other human being on this planet can indeed be an adventure in spiritual growth. And this adventure challenges you to reconstruct the way you behave every day of your life because you and every single person you come into contact with – you see, you work with – are energetically connected.

And you are energetically connected to every being you see who is in dire circumstances, whether that be a flash on the news, a picture in a magazine, a picture on the web or a picture in a piece of fundraising mail that arrives at your home. You are connected to those individuals. I would venture that processing that information and incorporating it into your spiritual life requires significant reconstruction of your ideas, of your worldview. And how do you go about that reconstruction?

That is what I would like to talk about.

So now that I have spent all this time telling you what I'm going to talk about, I will give you my idea of how to go about a major reconstruction in your conscious awareness, one that will lead to spiritual growth. And I would have you address this as an adventure because this is like moving from a narrow footpath in your perspective, shifting from a narrow, hiking footpath all the way to a ten-lane freeway in consciousness. And that is a change and an adventure.

How do you go about that?

Well, first of all I would suggest that you simply take some time specifically to think about it. Sit down at the end of the day or the beginning of the day and think about *one single* encounter in the past 24 hours, one encounter with one other person or one group of people. Then ask yourself: How would that interaction have been different, in what way would that interaction have been different if indeed you had approached it with the concept that there is an invisible energetic connection between you and this other person or this group? And *nothing* can change, destroy or alter that energetic connection. It is there. It is part of Creation.

And what happens in that other individual's or that other group's behavior, in the energies and the emotions that they emit and that travel along that energy path to you? What does it mean that what you think and what you emit in your behavior travels along that energy connection not only to the one in front of you, the one you are interacting with in this example, but on and on and on through this energy network until it reaches a point of attenuation.

I would have you sit down and contemplate that, whether you choose an interaction parent-to-child, child-to-parent, individual-to-sibling, individual-to-coworker. Just sit down and think about what it would mean to have that energetic connection that we are talking about be absolutely true and accurate. Think about it.

This is the What-If Step.

The first step is acknowledging a new piece of information. The second step is taking some time to say: "What if this is true? What would that mean to *me* in my daily life?" And then ask the third question: "What would that mean to others? Other people I care about? Other people I know about? Other people I don't know about because I have never met them, but I know they exist and they share this planet with me."

So I would have you understand that ideas, perceptions, worldviews, spiritual tenets, *foundational* spiritual tenets can indeed be reconstructed because once you go through the "This is the information. What if it's true? How will it affect me? How will that affect others?" then you get to the next step. And that is: really challenge yourself. Ask: "What makes me think it is *not* true? And what makes me think it *is* true?" These are powerful questions.

Open, open, open your mind, your heart, your wisdom, your ears, your sight and ask those last questions: "What makes me think this is true? And what makes me think this is not true?"

Then, once you get those answers, cycle back to the beginning. "What is this piece of information and what if it is true?" The second time you come round to "What if it is true?" you will come from a broader perspective than you did the first time because you have been through the other steps.

That is my quick and easy formula for reconstructing a spiritual belief based on a piece of new information. I would have you consider this reconstruction process an adventure, like putting together, if you are so inclined, the pieces of a puzzle. If that is your idea of fun and adventure, then consider it that. If

your idea of adventure is climbing Mount Everest, then put these reconstruction questions in that context, because some of the pieces of information you are about to receive in the next 12 months are about the equivalent of an adventure in mountain climbing.

You will get through this time of transition more easily if you do consider upgrading and renovating your beliefs an adventure. And if you go into this transition in a resigned state of mind rather than an open, eager state of mind, it will simply take longer and be more painful.

That is my formula and my advice as you go about reconstructing the basic pillars of your spiritual outlook.

I thank you very much. It is truly a privilege to be working with the human family of Earth at this time, to be working with this planet at this time and at this point of transition.

I thank you.

Your friend and colleague,

Sho
(from the Pleiades)

Recap Of Sho's Formula - With Practice

From the WSTS Production Team

For some time, the panelists have been alerting us to the fact that information will soon be revealed, information that will challenge our traditional perspectives on religions, spirituality and the evolution of humanity on this planet. The question becomes: How do we deal with challenges to the basic pillars of reason, belief and faith that sustain us?

Sho has provided path forward, a formula for integrating new, and perhaps unsettling information into our worldviews.

Below is a recap of the procedure Sho has shared. We invite you to experiment with this process for yourself and we offer you a sample concept to work with. This idea might already be part of your personal worldview, but it is of great importance because we are indeed one, interconnected human family and the concept is worth exploring to greater depth in hope of greater insights. We invite you to give Sho's procedure a try using the concept: "There is enough food in the world to feed everyone."

Recap of Sho's Worldview Reconstruction Formula

1. State the information that forces reconstruction of your worldview.
2. Ask and answer: What if it is true? How will it affect me and my daily life?
3. Ask and answer: How will this affect others? Others I care about? Others I know about even if they do not know me? Others I have never met but with whom I share this planet?
4. Ask and answer: What makes me think this information is *not* true? What makes me think this information *is* true?
5. Cycle back to the beginning. After having answered the eight questions once, you will probably find that your view has broadened a bit. See if/how your consciousness expands the next time through.

Thank you.

The WSTS Production Team *

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